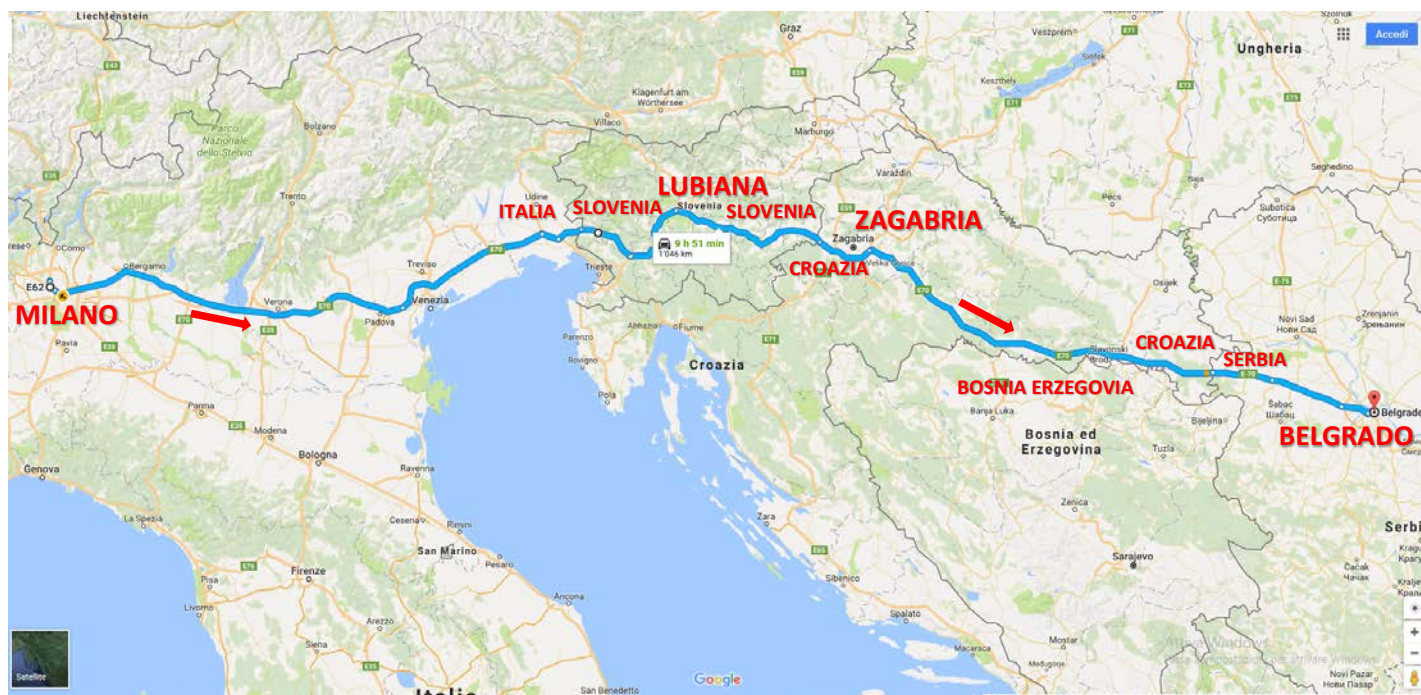


giorno	data	partenza	via	arrivo	km	km gior.	Tempistiche			Note	km totali	Tragitti	Pernottamenti
							partenza	durata	arrivo				
1	sabato 4 agosto 2018	Milano	Lubiana - Zagabria	Belgrado	1'050	360	05:00	13:00	18:00		1'050	Milano-Belgrado	1 notte a Belgrado
2	domenica 5 agosto 2018	Belgrado	Nis - Sofia	Velingrad	550		08:30	07:30	16:00	01:00 + fuso orario	1'600	Belgrado-Velingrad	4 notti a Velingrad
3	lunedì 6 agosto 2018	Velingrad	Borovets + Geyser	Rila (monastero)	190		09:30	02:30	12:00	02:00 visita + pranzo	1'790	Velingrad-Rila-Velingrad	
		Rila (monastero)	Bansko	Velingrad	170	14:00	02:30	16:30		1'960			
4	martedì 7 agosto 2018	Velingrad	RELAX	Velingrad	70		10:00	00:30	10:30	pranzo al lago + visita a Batak	2'030	Velingrad-Batak-Velingrad	
5	mercoledì 8 agosto 2018	Velingrad	Batak - Dospat	Caverna di Yagodina	100	330	08:00	02:00	10:00	01:00 gita in caverna	2'130	Velingrad-yagodina-trigrad-shiroka-bachokovo-Velingrad	4 notti a Velingrad
		Caverna di Yagodina	Gole di Trigrad	20	11:00		00:30	11:30	00:30 visita	2'150			
		Gole di Trigrad	Shiroka Laka	35	12:00		00:30	12:30	01:30 pranzo	2'185			
		Shiroka Laka	Bachokovo	65	14:00		01:15	15:15	01:00 visita	2'250			
		Bachokovo	Velingrad	110	16:15		01:30	17:45		2'360			
6	giovedì 9 agosto 2018	Velingrad	Teatro	Plovdiv	85	250	09:00	01:15	10:15	01:00 visita	2'445	Velingrad-Haskovo-Perperikon-Haskovo	1 notte a Haskovo
		Plovdiv	Haskovo	85	11:15		01:15	12:30	01:30 pranzo + bagagli in hotel	2'530			
		Haskovo	Perperikon	40	14:00		00:45	14:45	01:30 visita	2'570			
		Perperikon	Haskovo	40	16:15		00:45	17:00		2'610			
7	venerdì 10 agosto 2018	Haskovo	Elhovo	Sozopol	250		10:00	05:00	15:00	01:00 pranzo	2'860	Haskovo-Elhovo-Sozopol	4 notti a Sozopol
8	sabato 11 agosto 2018	Sozopol	RELAX	Sozopol	20		08:00	12:00	20:00	spiagge	2'880		
9	domenica 12 agosto 2018	Sozopol	RELAX (Rapotamo river)		40		10:00	00:45	10:45		2'920	Sozopol-Rapotamo-Sozopol	
			RELAX (Rapotamo river)			10:45	02:00	12:45	02:00 giro in barca + pranzo	2'920			
		RELAX (Rapotamo river)		Sozopol	20		14:45	00:30	15:15		2'940		
10	lunedì 13 agosto 2018	Sozopol	RELAX	Sozopol	20		08:00	12:00	20:00	spiagge	2'960		
11	martedì 14 agosto 2018	Sozopol		Nessebar	70	180	09:00	01:15	10:15	01:30 Visita	3'030	Sozopol-Nessebar-Irakli-Varna	6 notti a Varna
		Nessebar		Irakli	35		11:45	00:45	12:30	03:30 pranzo + spiaggia	3'065		
		Irakli		Varna	75		16:00	01:15	17:15		3'140		
12	mercoledì 15 agosto 2018	Varna	RELAX	Varna							3'140		
13	giovedì 16 agosto 2018	Varna		Balchik	45	165	10:00	01:00	11:00	01:00 visita giardino botanico	3'185	Varna-Balcik-Kaliakra-Varna	6 notti a Varna
		Balchik		Kaliakra	40		12:00	00:45	12:45	01:30 visita + pranzo	3'225		
		Kaliakra		Varna	80		14:15	01:15	15:30		3'305		
14	venerdì 17 agosto 2018	Varna	RELAX	Varna							3'305		
15	sabato 18 agosto 2018	Varna		Provadia	55	220	09:30	01:00	10:30	01:00 visita Fortezza di Ovech	3'360	Varna-Provadia-Madara-Kaloyan-Varna	1 notte a Ruse
		Provadia		Madara	45		11:30	00:45	12:15	02:30 visita cavagliere + pranzo	3'405		
		Madara	Kaloyan	Varna	120		14:45	02:00	16:45		3'525		
16	domenica 19 agosto 2018	Varna	RELAX	Varna							3'525		
17	lunedì 20 agosto 2018	Varna	Shumen - Targovishte	Cherven Fortress	190	235	09:30	02:30	12:00	02:30 visita + pranzo	3'715	Varna-Cherven-Ivanovo-Ruse	1 notte a Ruse
		Cherven Fortress	Chiese rupestri di Ivanovo		20		14:30	00:30	15:00	01:00 visita	3'735		
		Chiese rupestri di Ivanovo		Ruse	25		16:00	00:30	16:30		3'760		
18	martedì 21 agosto 2018	Ruse		Veliko-Tărnovo	110	275	09:00	01:30	10:30	00:30 bagagli in Hotel	3'870	Ruse-Veliko-Trvavna-Bozhentsi-Etarat-Veliko	1 notte a Veliko-Tărnovo
		Veliko-Tărnovo	Tryavna	Bozhentsi	80		11:00	01:30	12:30	01:15 visita + pranzo	3'950		
		Bozhentsi		Etarat (museo)	20		13:45	00:30	14:15	01:00 visita museo etnografico	3'970		
		Etarat (museo)		Sokolski (monastero)	5		15:15	00:10	15:25	00:50 visita monastero	3'975		
		Sokolski (monastero)		Veliko-Tărnovo	60		16:15	01:00	17:15		4'035		
19	mercoledì 22 agosto 2018	Veliko-Tărnovo		Shipka passo (Torre)	70	270	09:00	01:30	10:30	00:30 visita monumento	4'105	Veliko-Shipka-Trojan	2 notti a Trojan
		Shipka passo (Torre)		Buzludzha	15		11:00	00:30	11:30	00:30 visita monumento	4'120		
		Buzludzha		Shipka chiesa d'oro	20		12:00	00:30	12:30	01:00 visita chiesa + pranzo	4'140		
		Shipka chiesa d'oro		Trojan	125		13:30	02:30	16:00	00:30 bagagli in Hotel	4'265		
		Trojan	Piscina	Chiflik	20		16:30	00:30	17:00	02:30 piscina	4'285		
		Chiflik		Trojan	20		19:30	00:30	20:00		4'305		
20	giovedì 23 agosto 2018	Trojan	Ponte vecchio	Lovech	75	135	10:00	01:15	11:15	02:30 visita + pranzo	4'380	Trojan-Lovech-Trojan	1 notte a Belogradchik
		Lovech		Trojan	60		13:45	01:15	15:00		4'440		
21	venerdì 24 agosto 2018	Trojan	Teteven-Botevgrad-Vraca-Montana	Belogradchik	270	270	09:00	05:30	14:30	01:30 pranzo + bagagli in Hotel	4'710	Trojan-Belogradchik	1 notte a Belogradchik
22	sabato 25 agosto 2018	Belogradchik	Belgrado	Zagabria	690			08:00	09:00	17:00	8 ore di viaggio + 1 ora di fuso	5'400	Belogradchik - Zagabria
23	domenica 26 agosto 2018	Zagabria	Lubiana	Milano	650		09:00	07:30	16:30		6'050	Zagabria - Milano	
					Totale km	6'050							

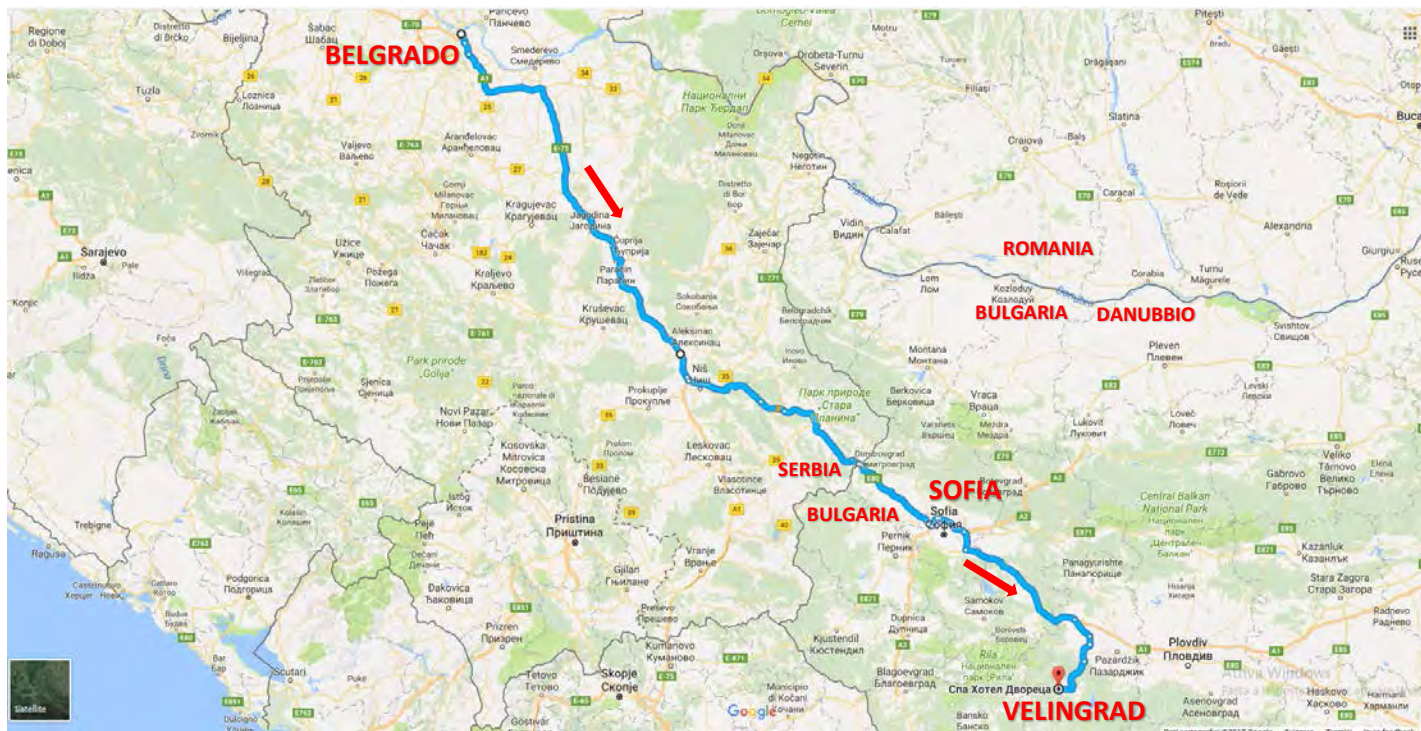
VARIANTE TAPPA DA Remigio

20	giovedì 23 agosto 2018	Trojan	Teteven-Botevgrad-Vraca-Montana	Belogradchik	270	270	09:00	05:00	14:00	compreso 1 h pranzo	4'305	Trojan-Belogradchik	1 notte a Belogradchik
		Belogradchik	Fortezza	Belogradchik	0		14:30	02:00	16:30	02:00 visita castello	4'575		
21	venerdì 24 agosto 2018	Belogradchik	Belgrado	Novi Sad	385		09:00	05:30	14:30	4.5 ore di viaggio + 1 ora di fuso	4'960	Belogradchik-Belgrado-Novì_Sad	1 notte a Novi Sad
22	sabato 25 agosto 2018	Novi Sad	Zagabria	Lubiana	520		08:00	06:00	14:00		5'480	Novi_Sad - Lubiana	1 notte a Lubiana
23	domenica 26 agosto 2018	Lubiana		Milano	510		09:00	06:00	15:00		5'990	Lubiana - Milano	
					Totale km	5'990							

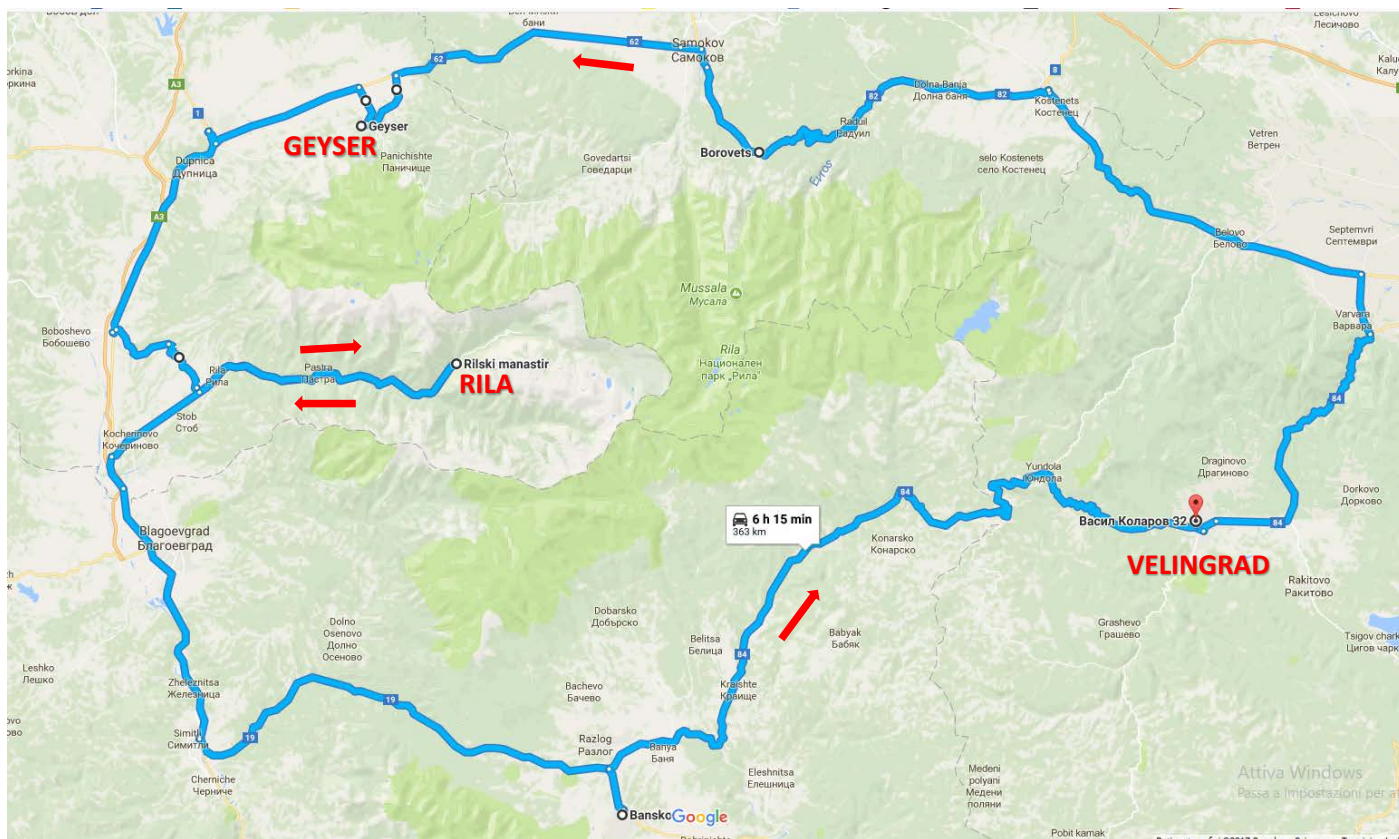
Sabato 04 Agosto: Milano – Belgrado(Serbia) - 1050km – 13 ore



Domenica 05 Agosto: Belgrado (Serbia) – Velingrad (Bulgaria) - 550km – 6 ½ ore + 1ora fuso orario



Lunedì 06 Agosto: Velingrad – Rila (Monastero) - Velingrad - 350km – 5 ½ ore

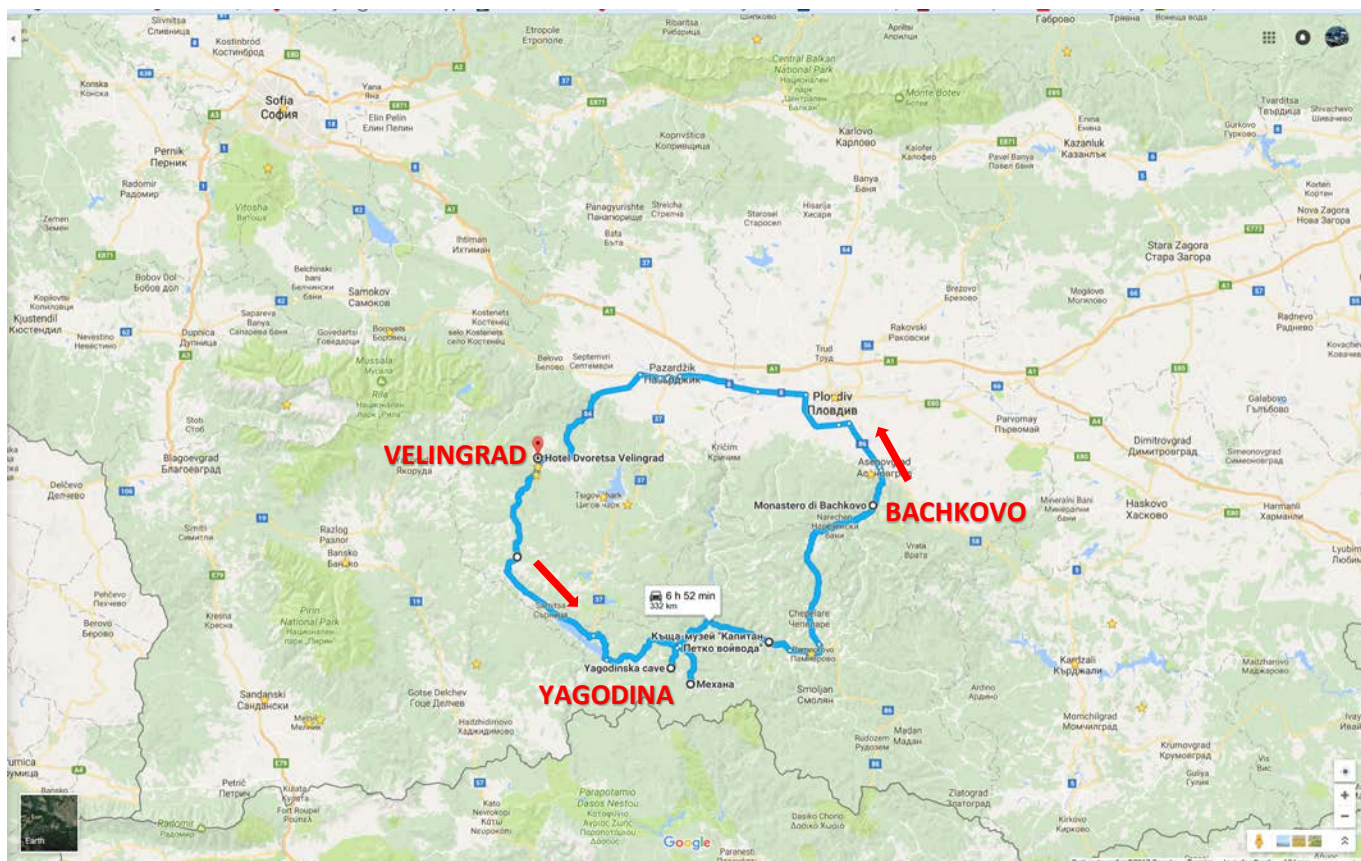


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Martedì 07 Agosto : Velingrad – [Batak](#) - Velingrad - 2x35km – 2x½ ora

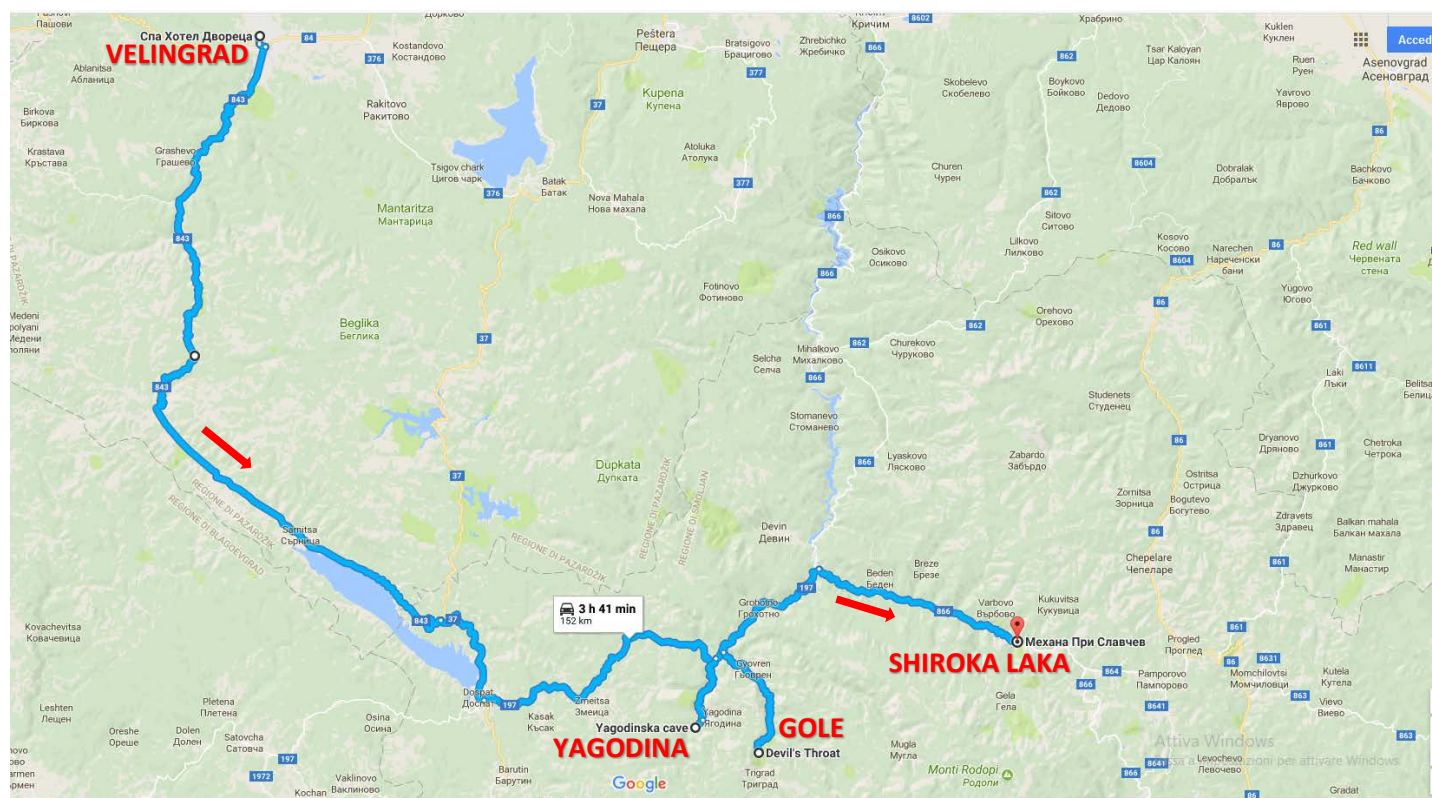


Mercoledì 08 Agosto: Velingrad – Yagodina - Gole di Trigrad - Shiroka Laka - Bachkovo - 330km – 9 ore

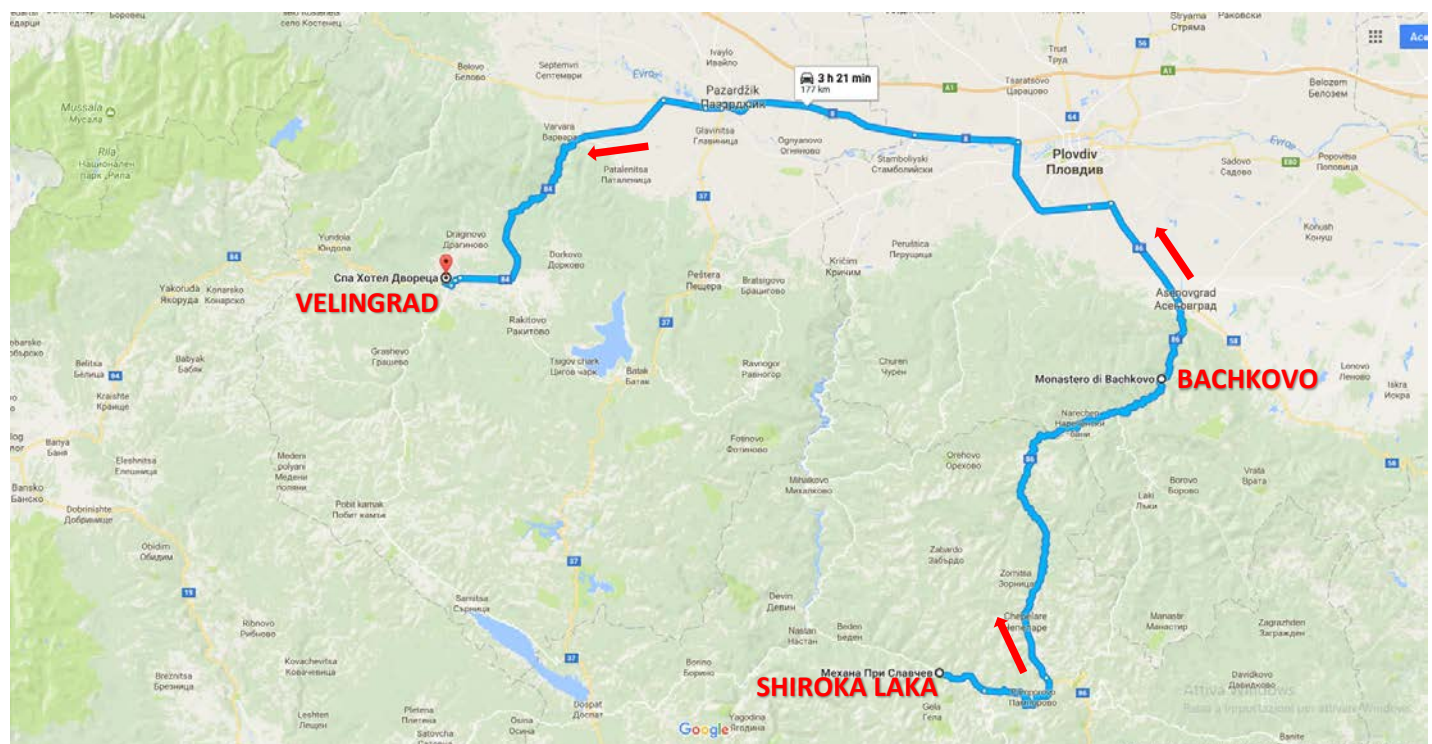


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Mattina: Velingrad – [Yagodina \(100km\)](#) - [Gole di Trigrad \(20km\)](#) - [Shiroka Laka \(35km\)](#) – 4 ½ ore viaggio + visite + pranzo

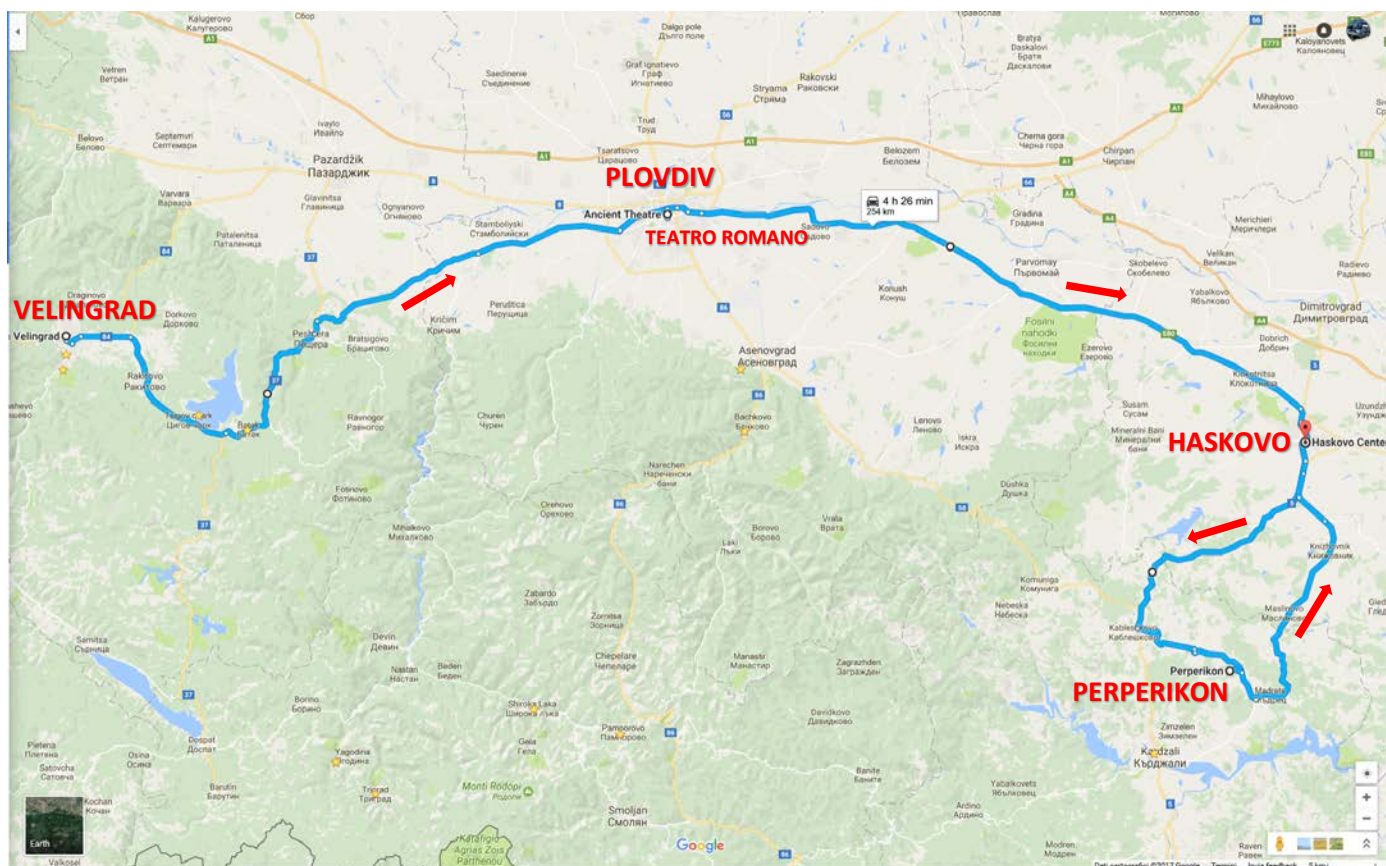


Pomeriggio: Shiroka Laka – [Bachkovo Monastero \(65km\)](#) - Velingrad (110km) – 4 ½ ore viaggio + visita

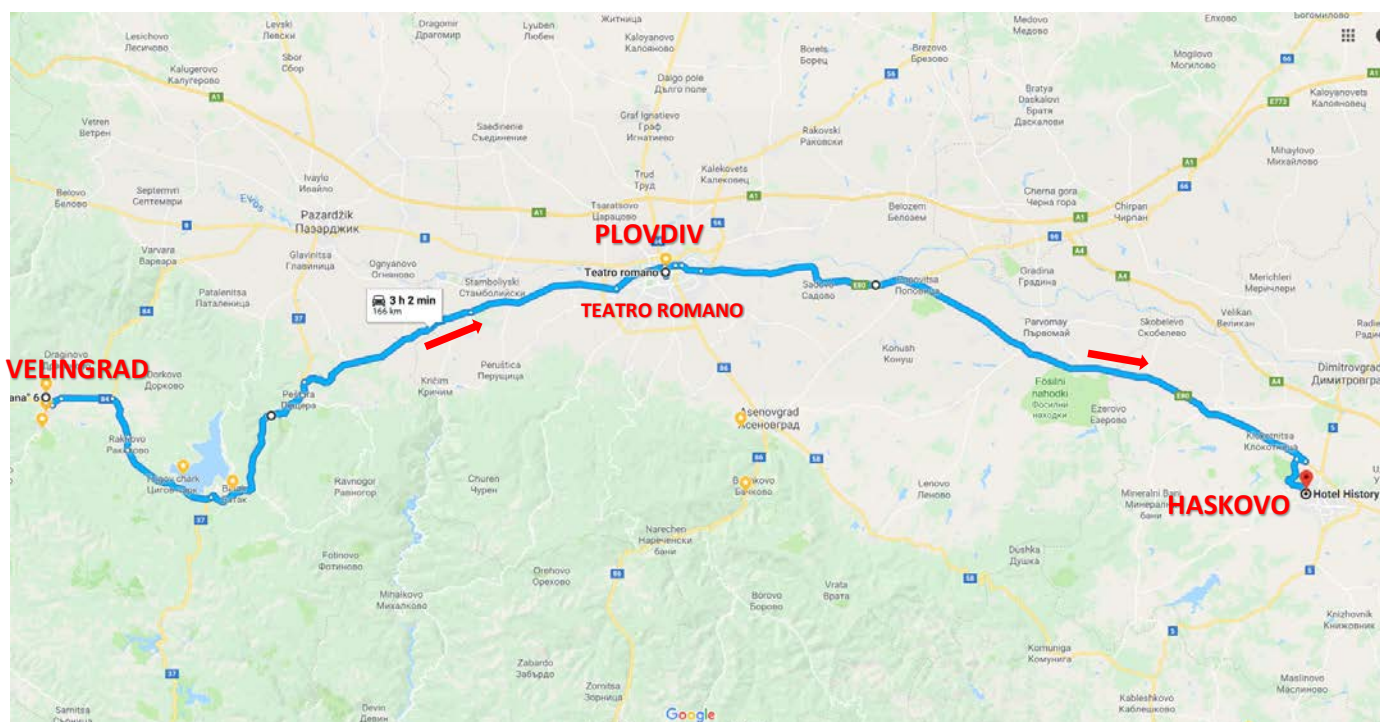


[RITORNA ALLA TABELLA TAPPE](#)

Giovedì 09 Agosto: Velingrad – Plovdiv (Teatro) – Haskovo – Perperikon – Haskovo - 250km – 8 ore

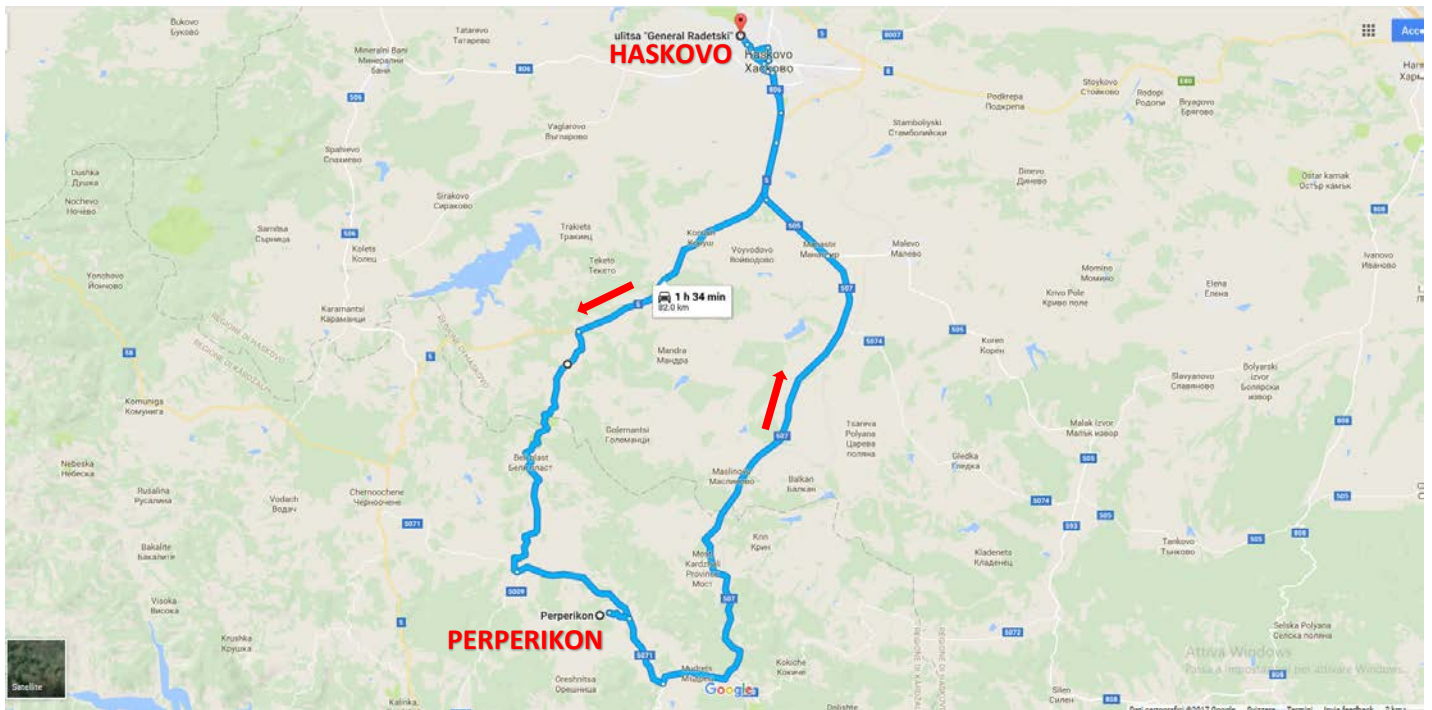


Mattina: Velingrad – [Plovdiv Teatro \(85km\)](#) – Haskovo (85km) – 2 x 1 ¼ ora viaggio, 1 ora visita, 1 ½ albergo e pranzo



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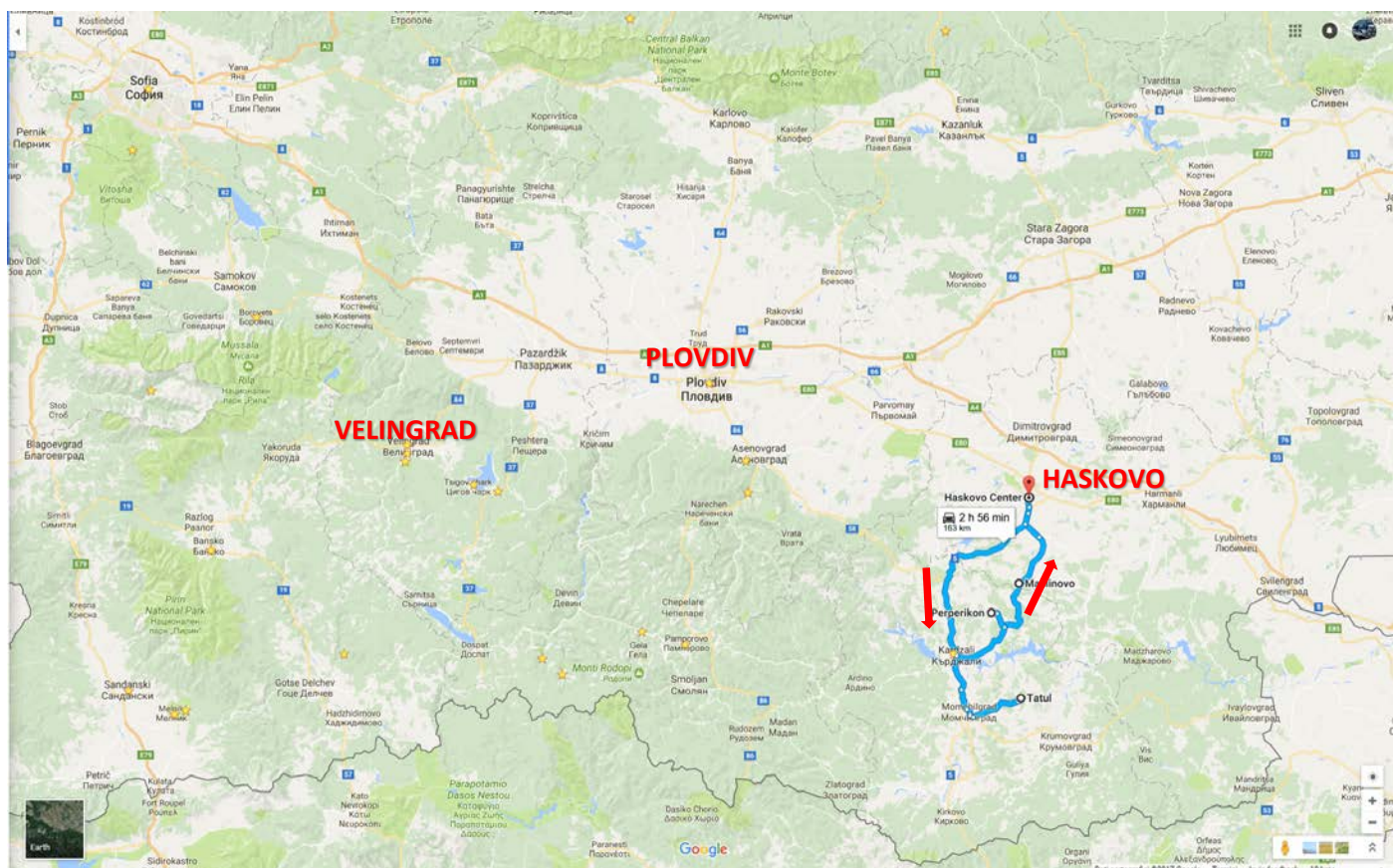
Pomeriggio: Haskovo – [Perperikon \(40km\)](#) – Haskovo (40km) – $\frac{3}{4}$ ora viaggio, 1 $\frac{1}{2}$ visita, $\frac{3}{4}$ ora viaggio



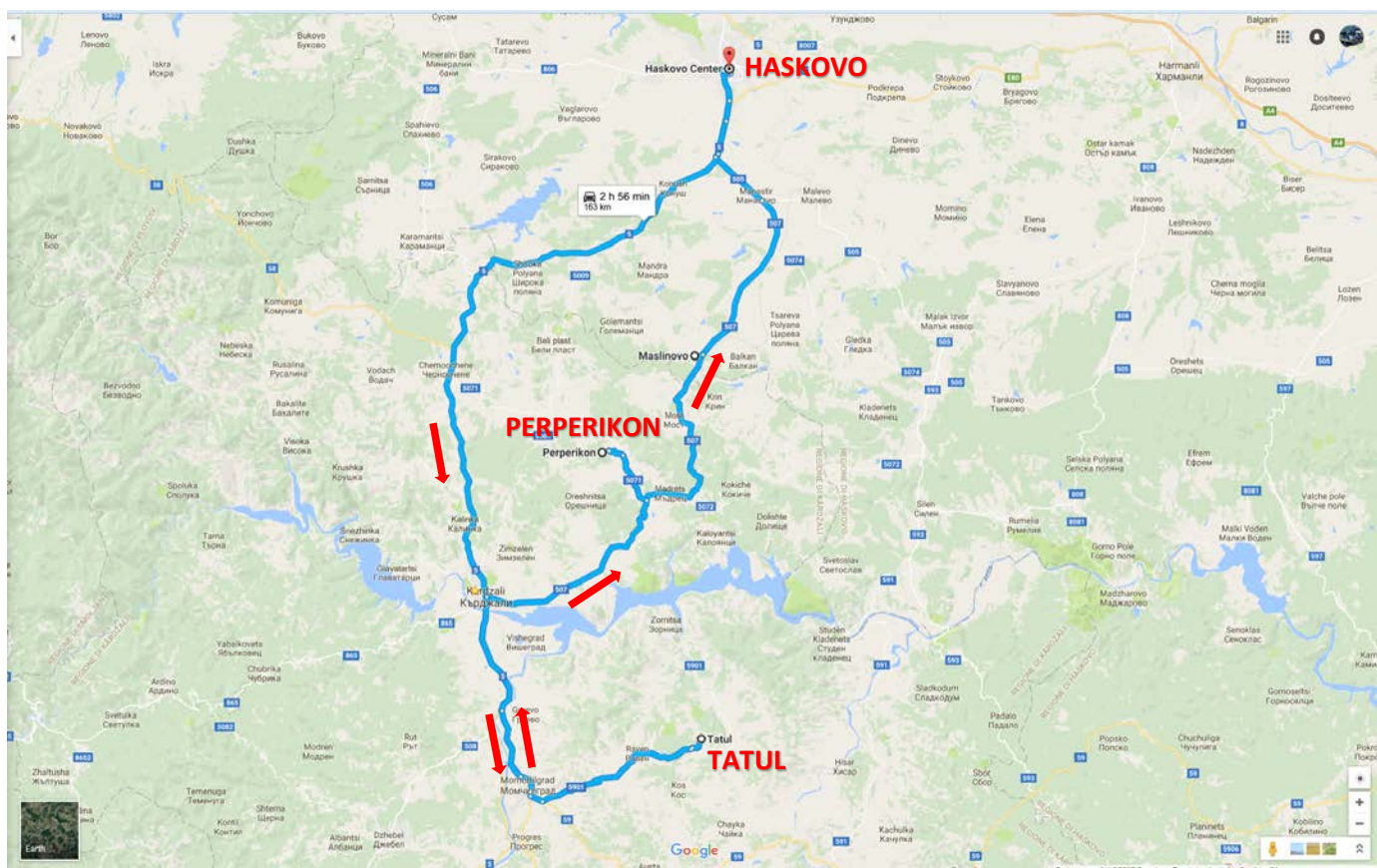
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VARIANTE TATUL E PERPERIKON

Pomeriggio: Haskovo – [Tatul](#) - [Perperikon](#) – Haskovo – 2 ¾ ora viaggio, 1 ¾ visita (14.00-18.30)

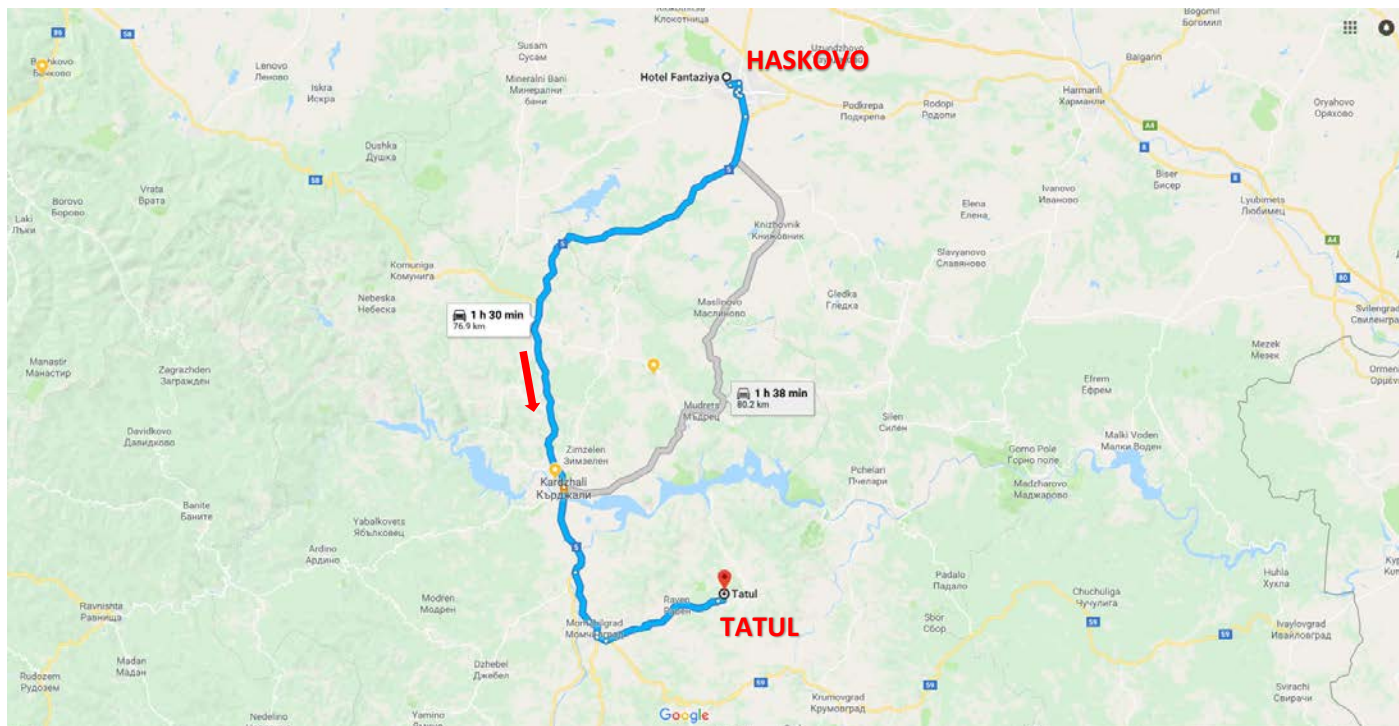


Pomeriggio: Haskovo – [Tatul](#) - [Perperikon](#) – Haskovo – 2 ¾ ora viaggio, 1 ¾ visita (14.00-18.30)

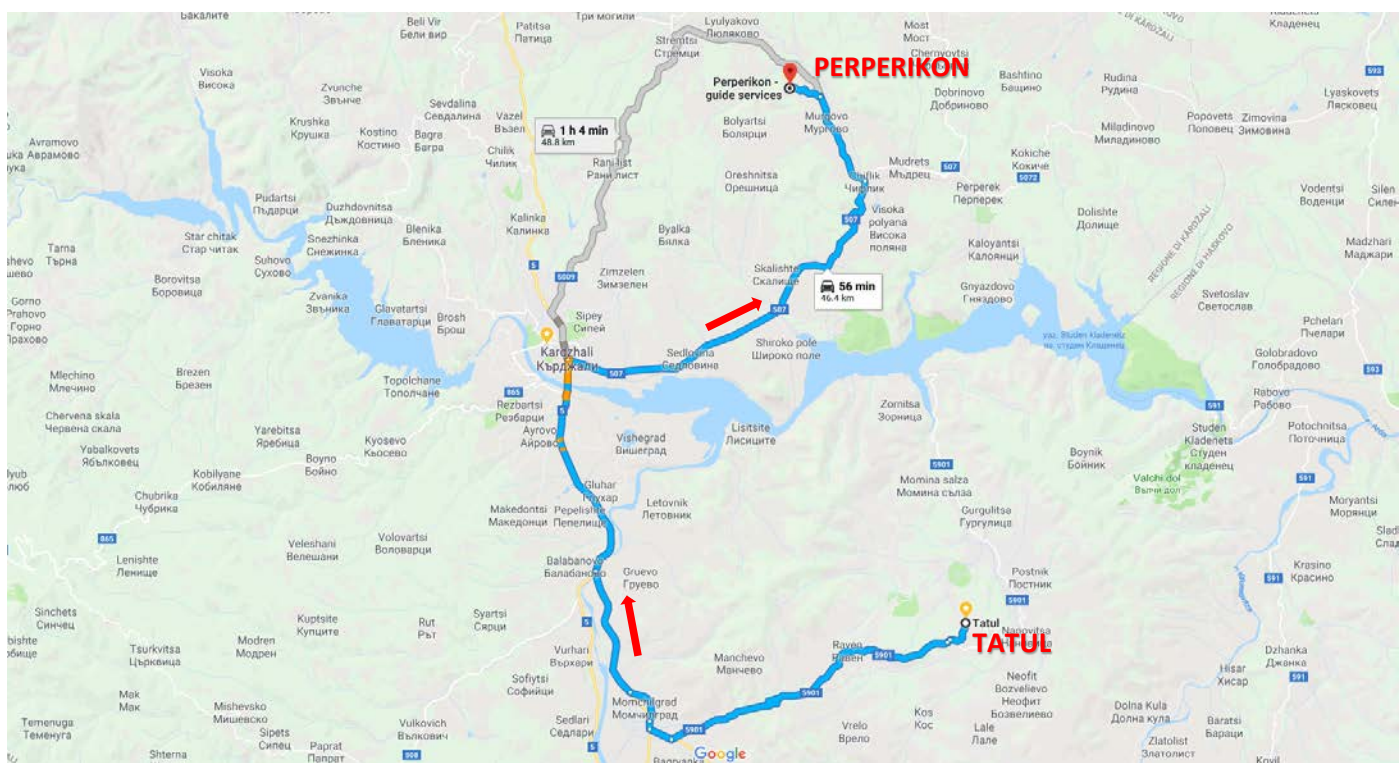


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Pomeriggio: Haskovo – [Tatul \(80km\)](#), 1 ¼ ora viaggio, ¾ ora visita (14.00-16.00)

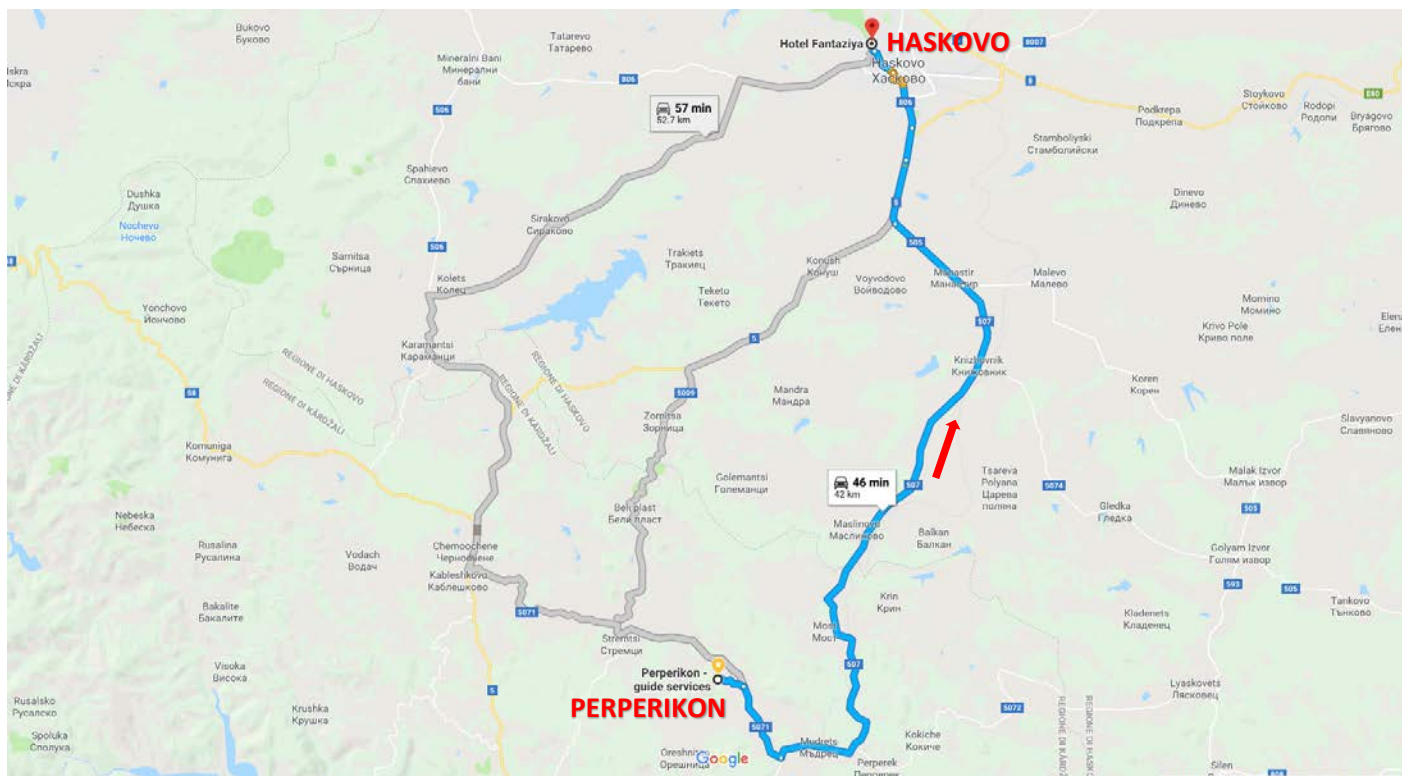


Pomeriggio: [Tatul - Perperikon \(45km\)](#), ¾ ora viaggio, 1 ora visita (16.00-17.45)



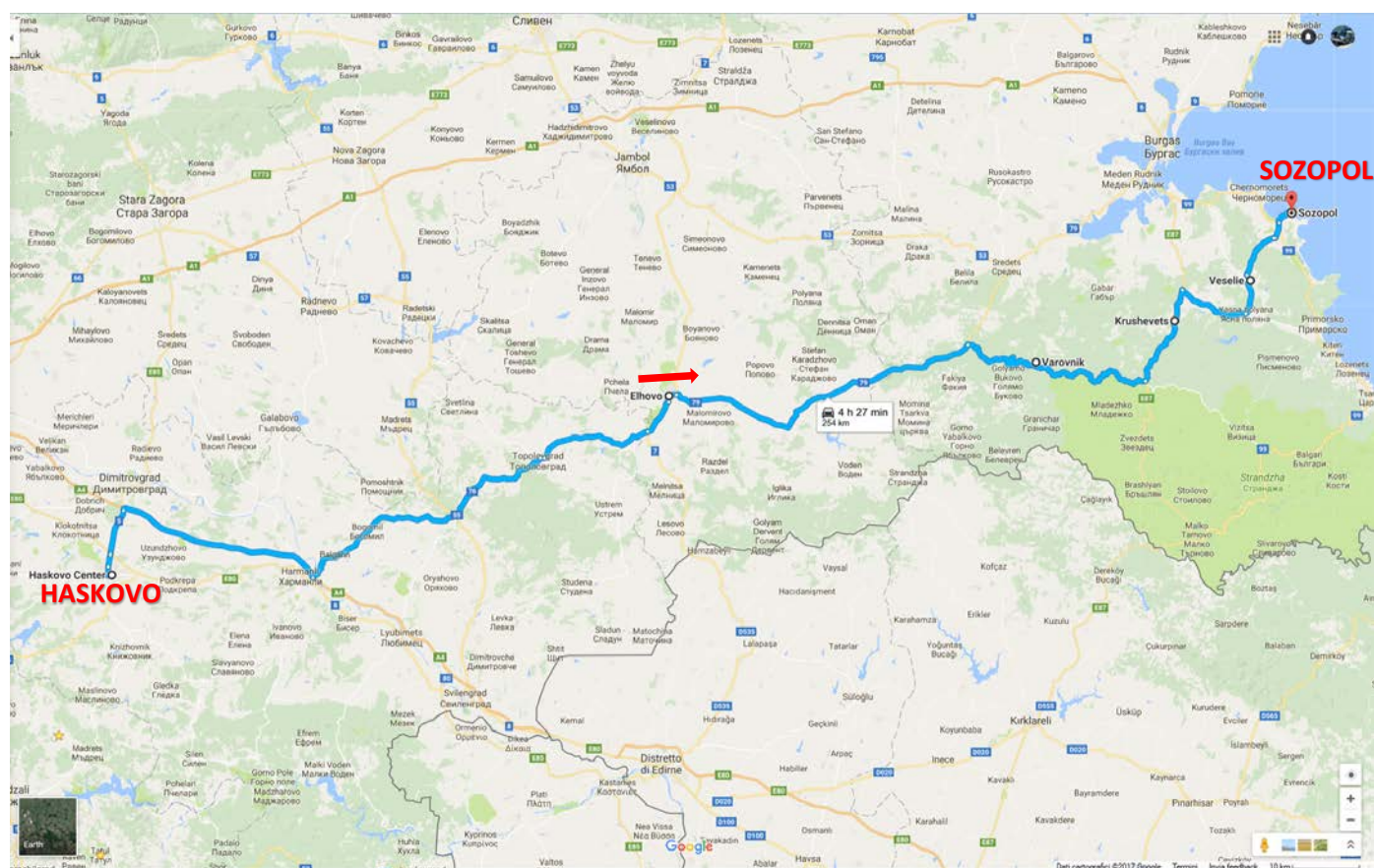
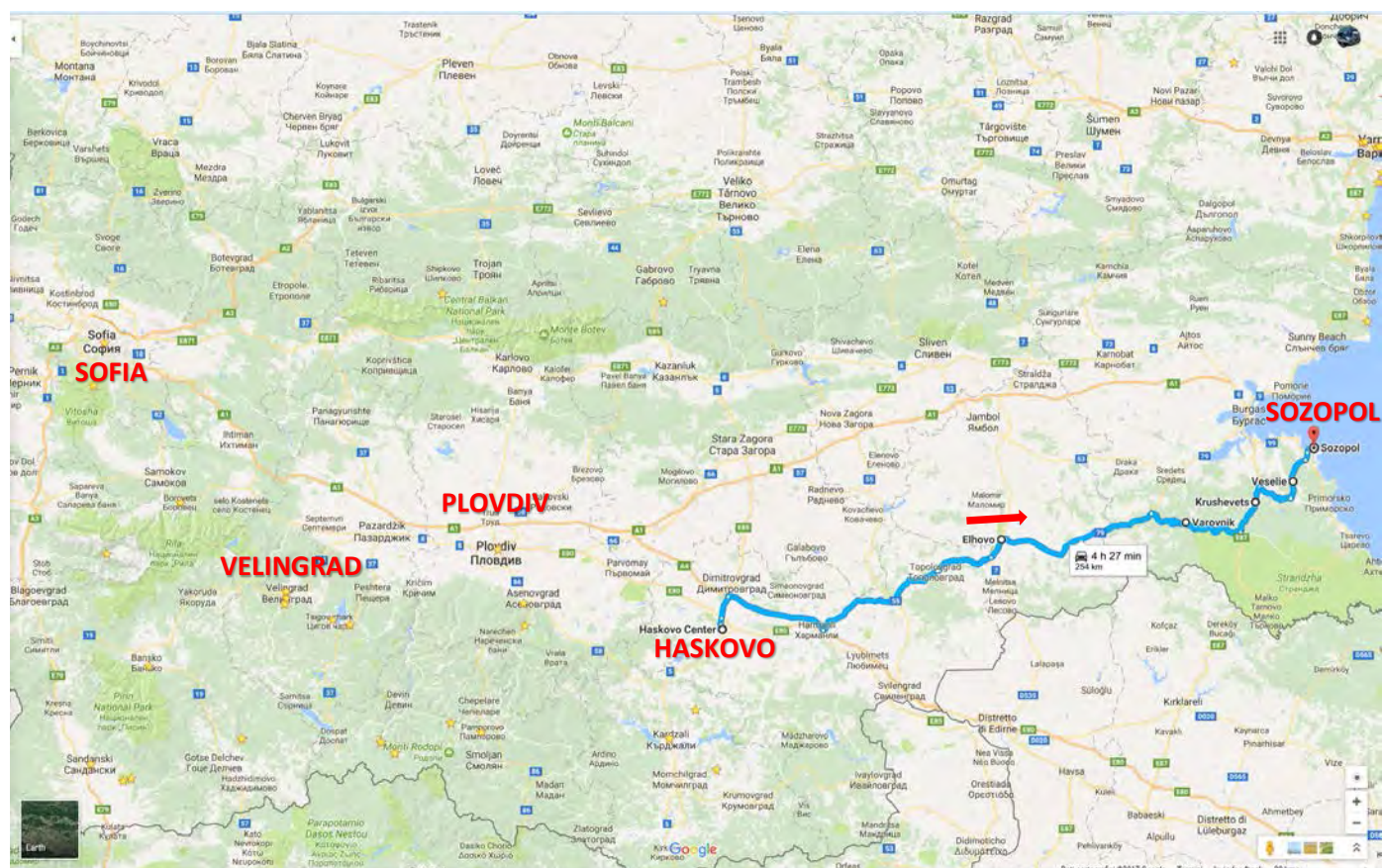
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Pomeriggio: [Perperikon](#) - Haskovo (40km), ¾ ora viaggio (17.45-18.30)



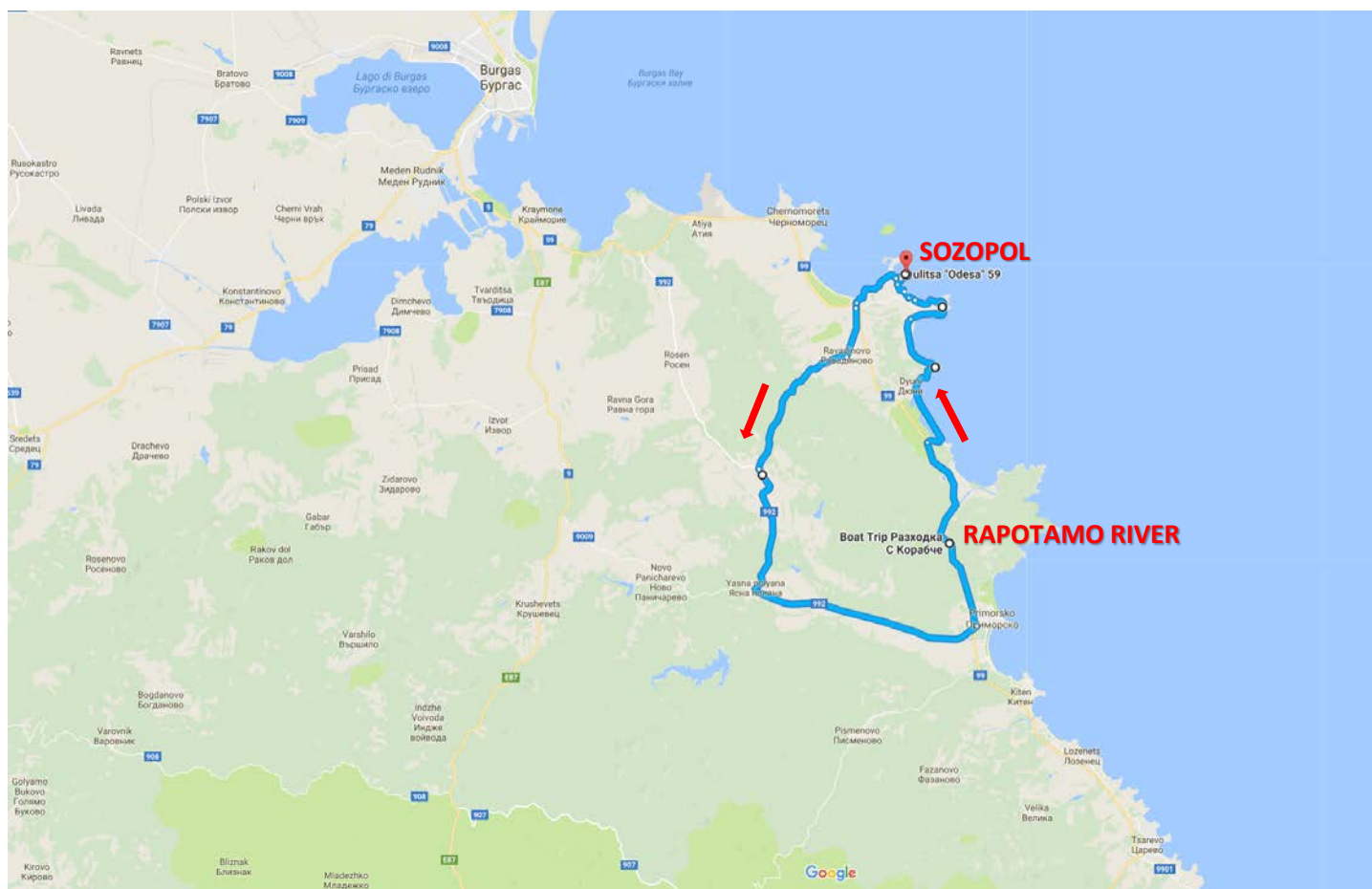
[RITORNA ALLA TABELLA TAPPE](#)

Venerdì 10 Agosto: Haskovo - Sozopol - 250km – 4 ½ ore



[RITORNA ALLA TABELLA TAPPE](#)

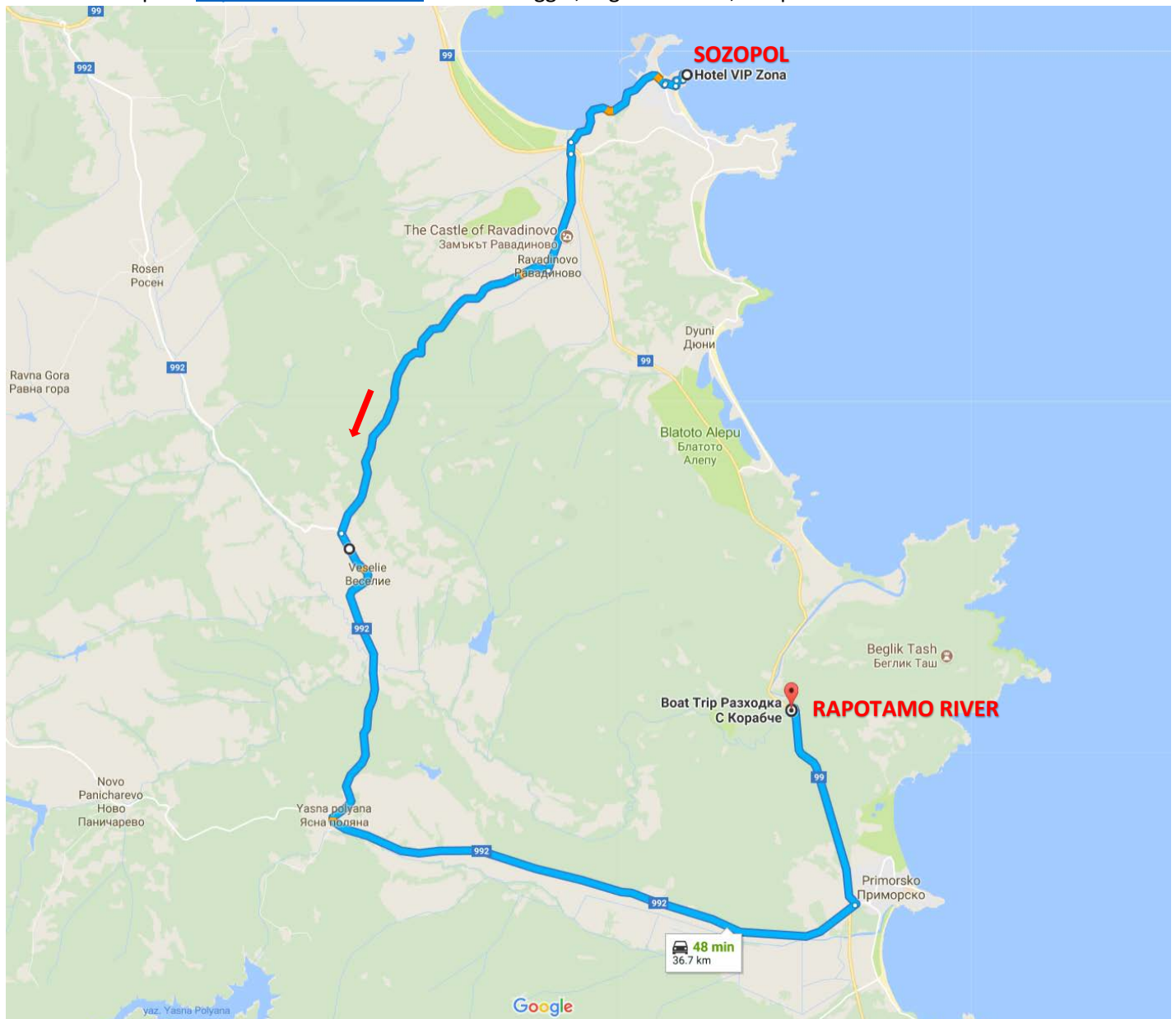
Domenica 12 Agosto: Sozopol – Rapotamo river – Sozopol - 60km – 5 ¼ ore



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1 di 5

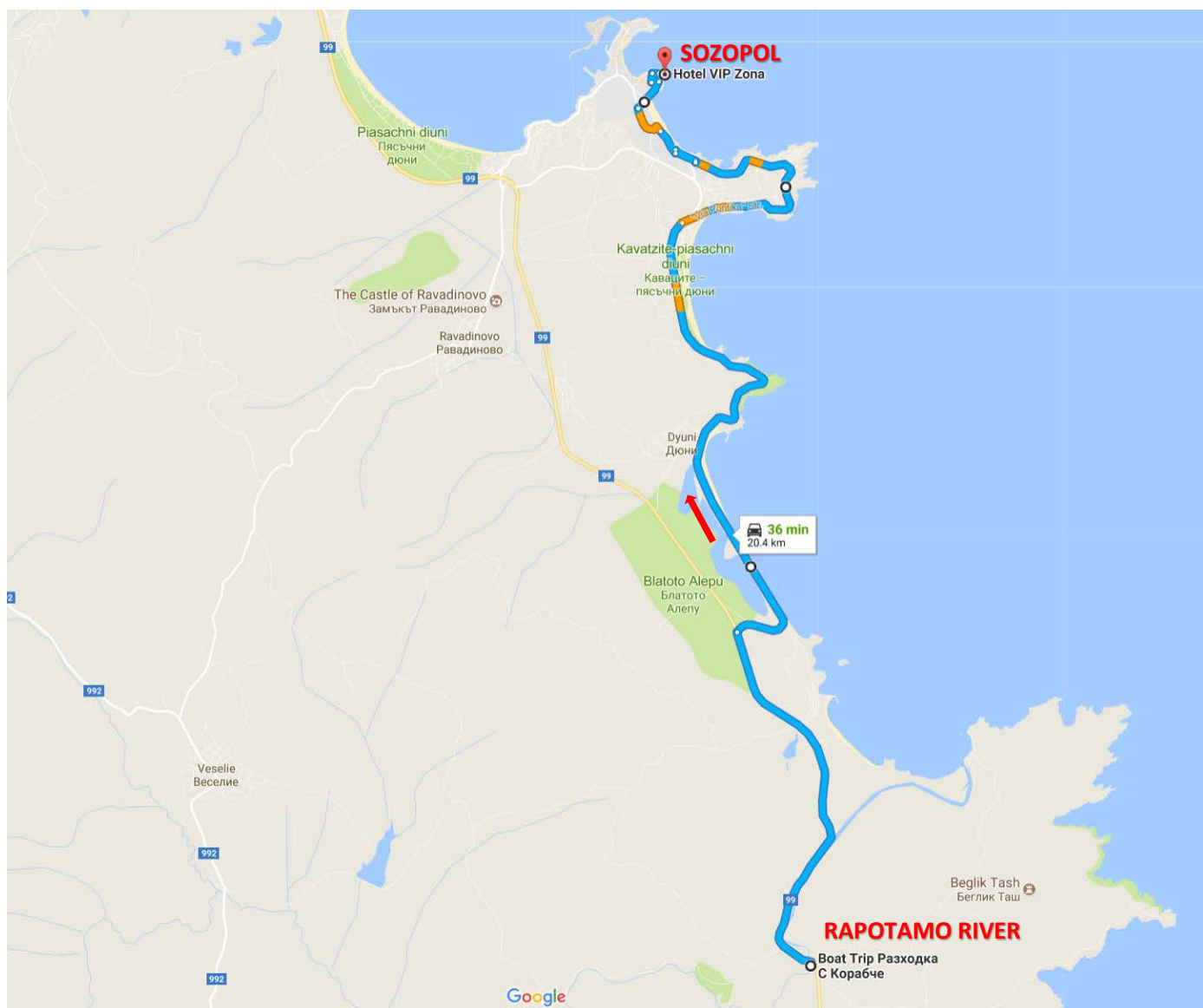
Mattina: Sozopol – [Rapotamo river \(38km\)](#) – $\frac{3}{4}$ ora viaggio, $\frac{3}{4}$ giro in barca, 1 $\frac{1}{4}$ pranzo



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2 di 5

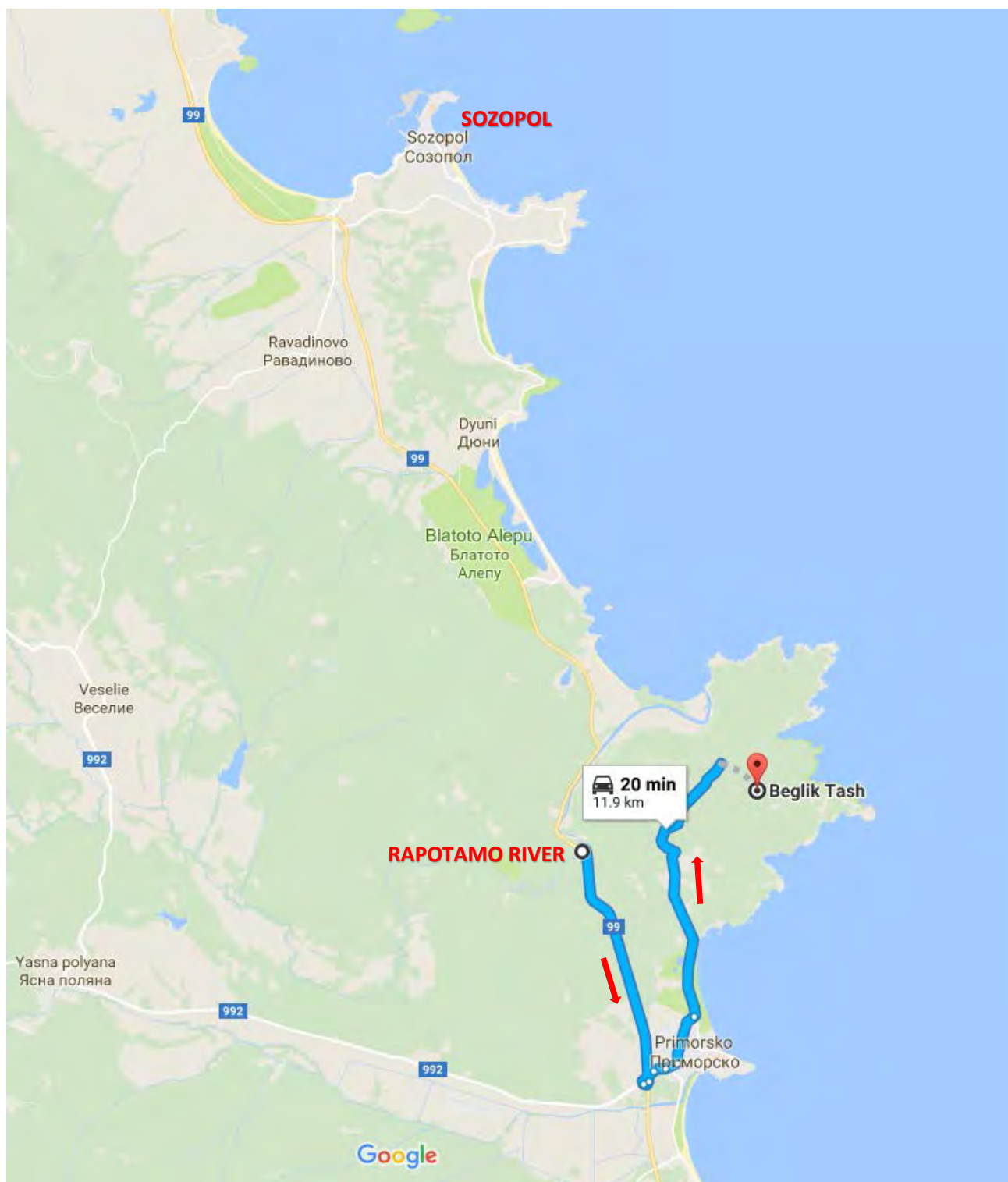
Pomeriggio: Rapotamo river – Sozopol (20km) – ½ ora viaggio



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3 di 5

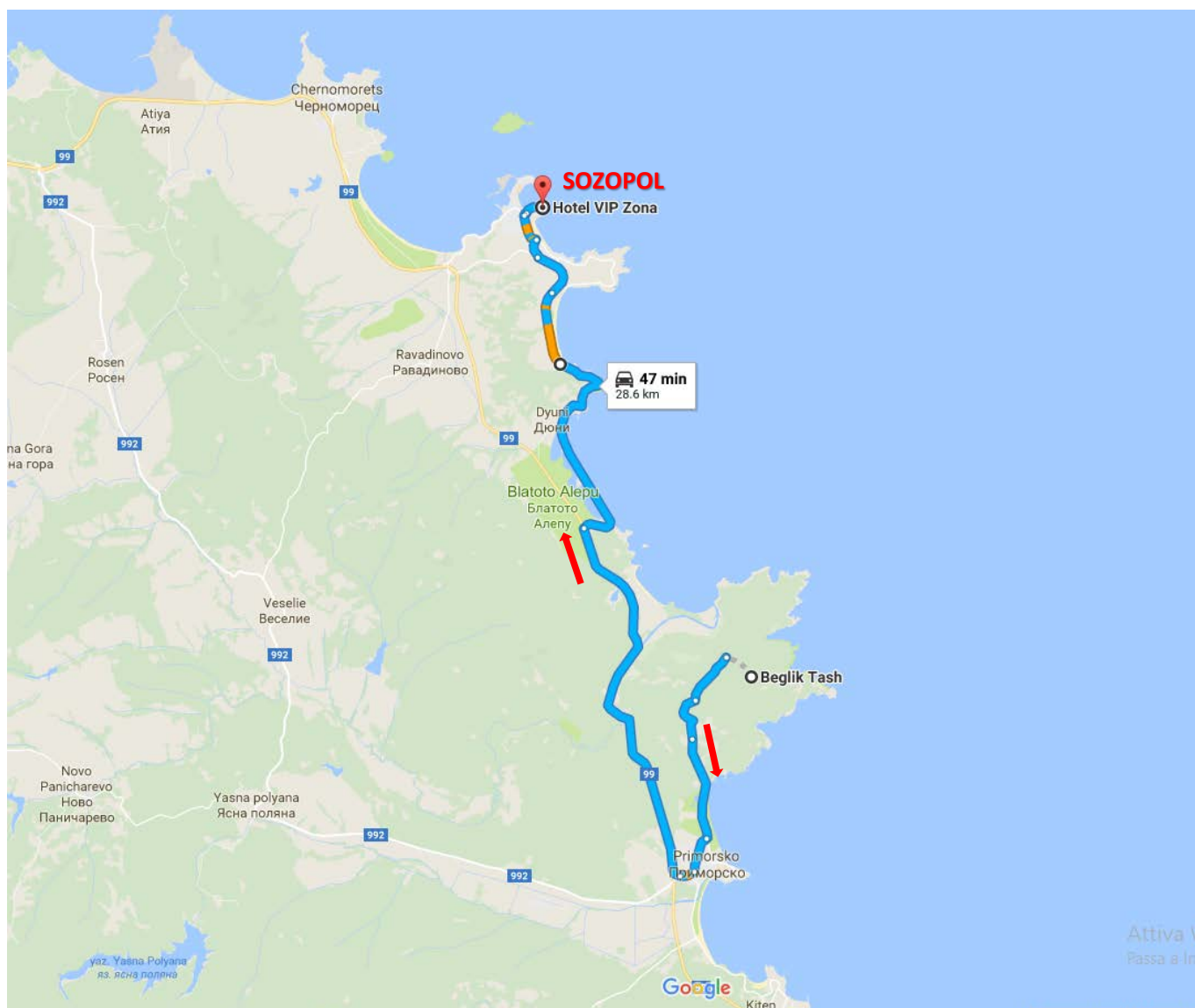
Alternativa pomeriggio: Rapotamo river – [Beglik Tash \(12km\)](#) – ½ ora viaggio, ½ visita



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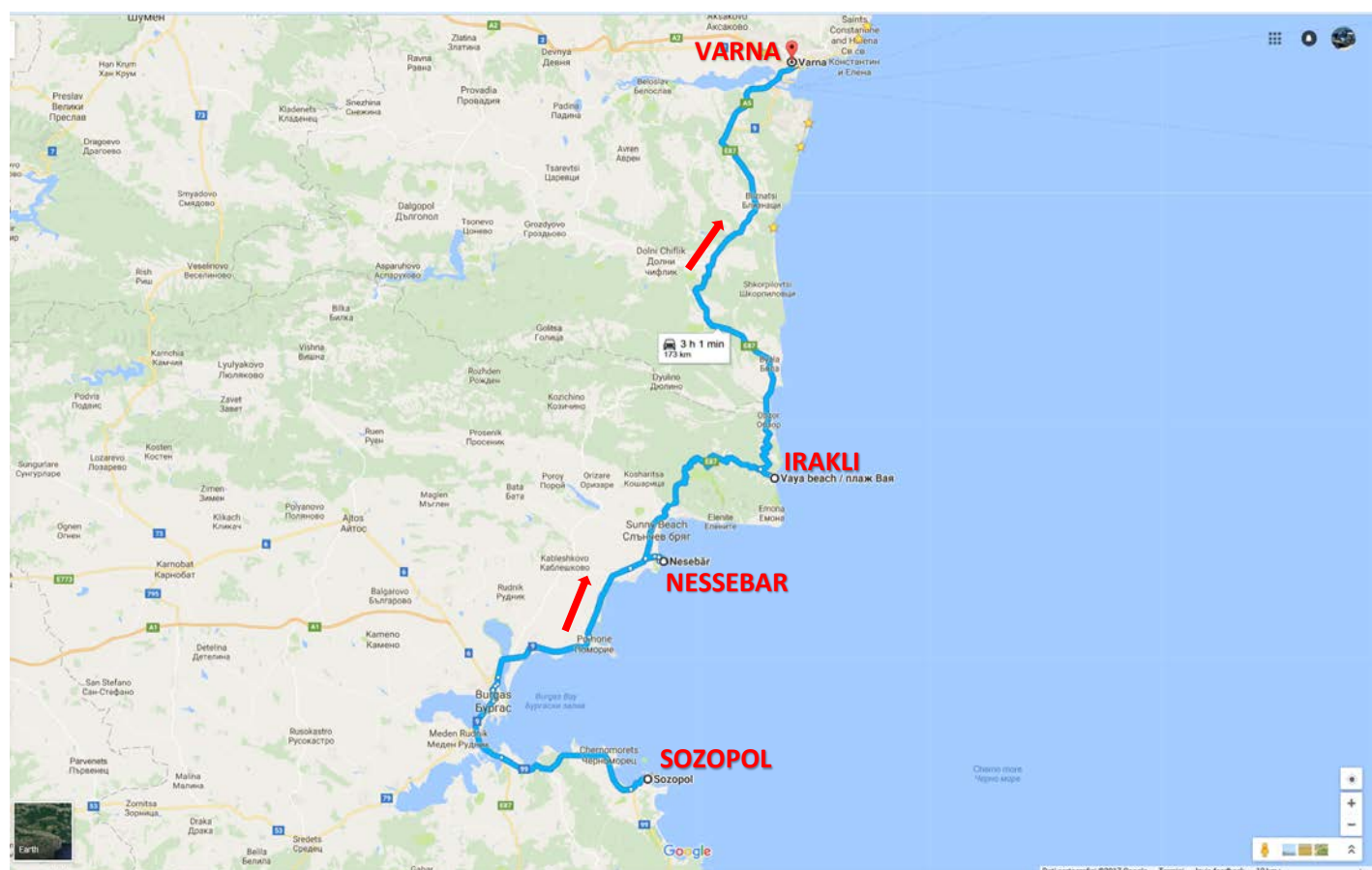
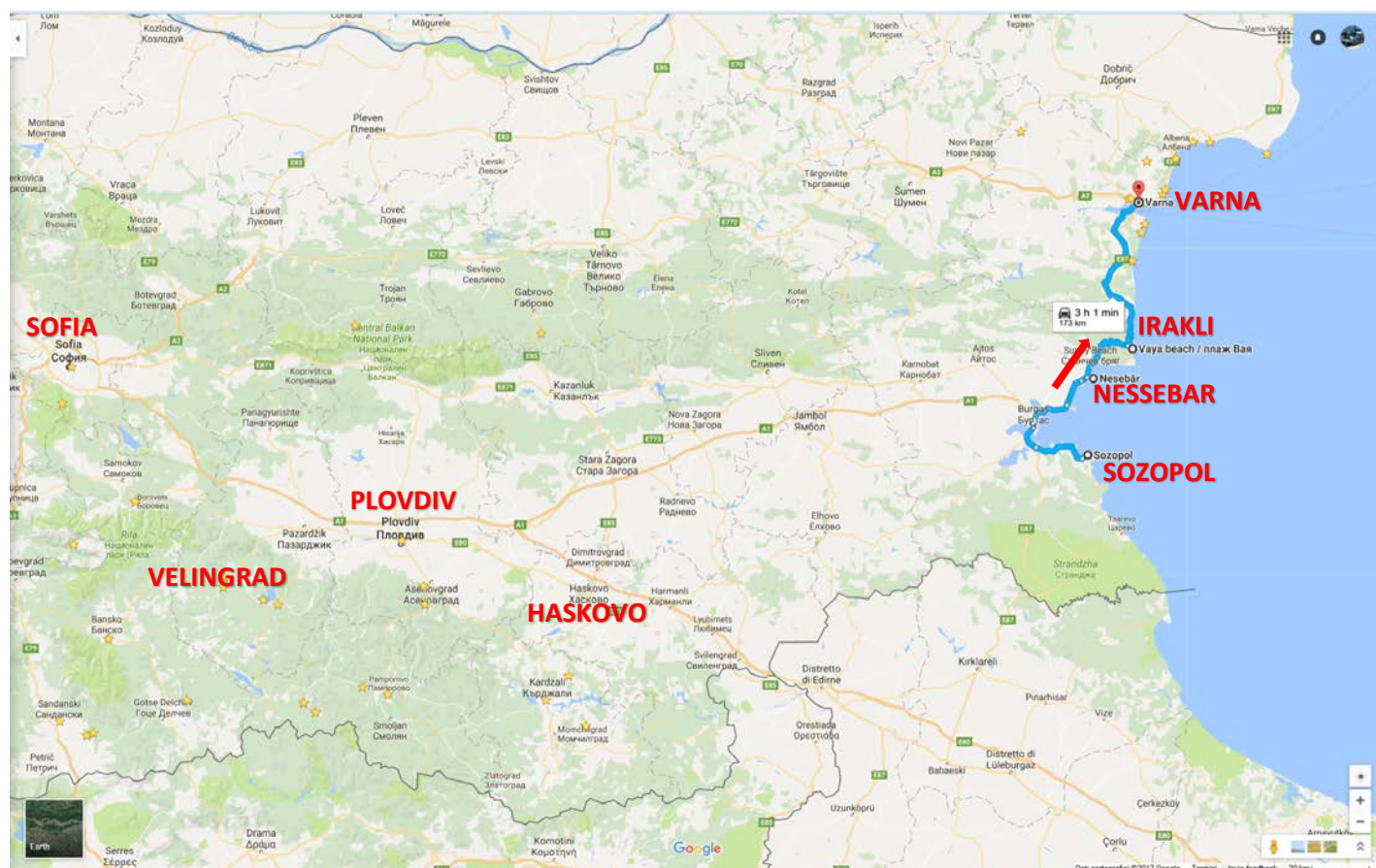
4 di 5

Alternativa pomeriggio: Beglik Tash – Sozopol (29km) – ¾ ora



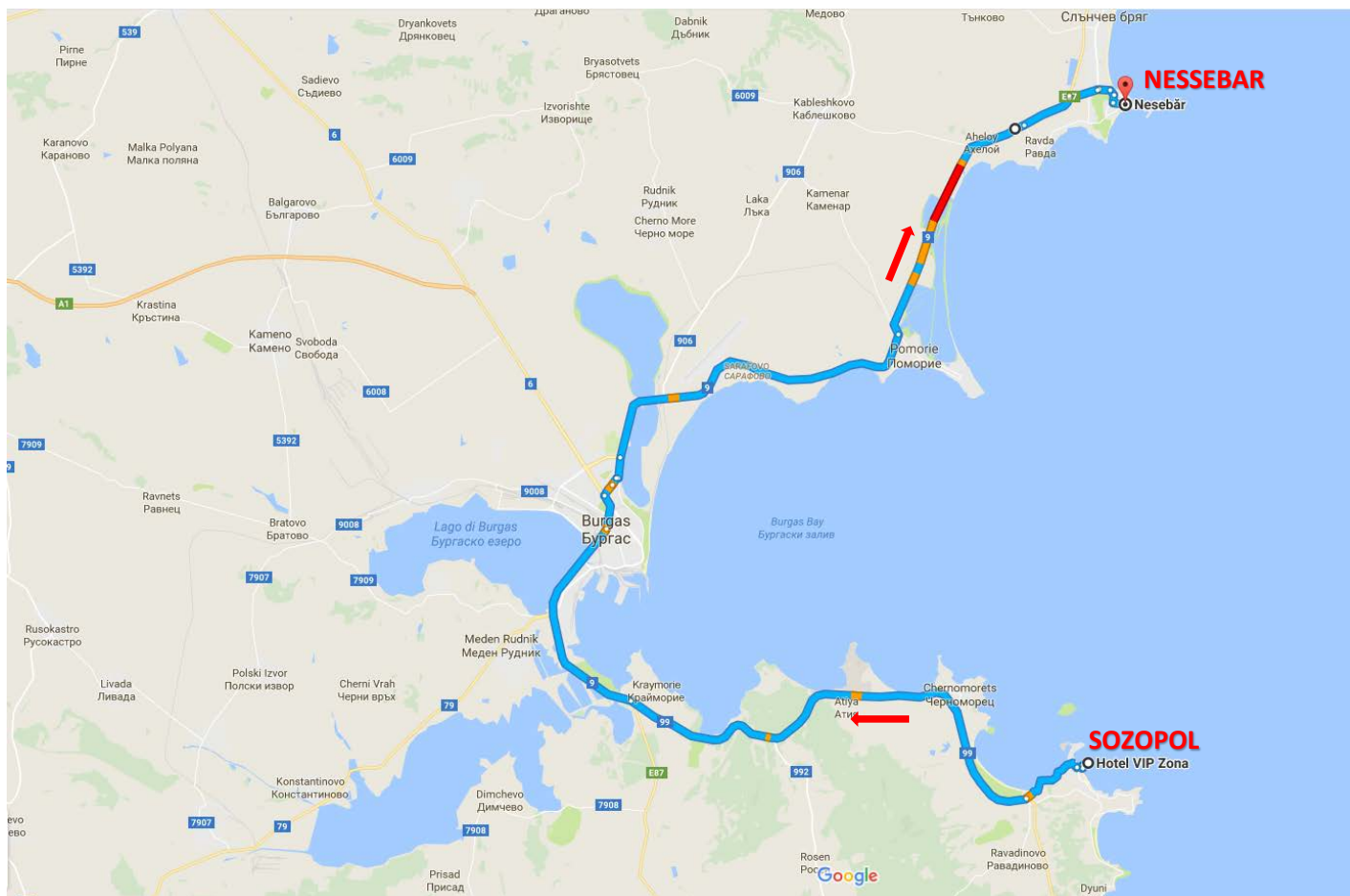
[RITORNA ALLA TABELLA TAPPE](#)

Martedì 14 Agosto: Sozopol – Nessebar - Irakli – Varna - 180km – 8 ore

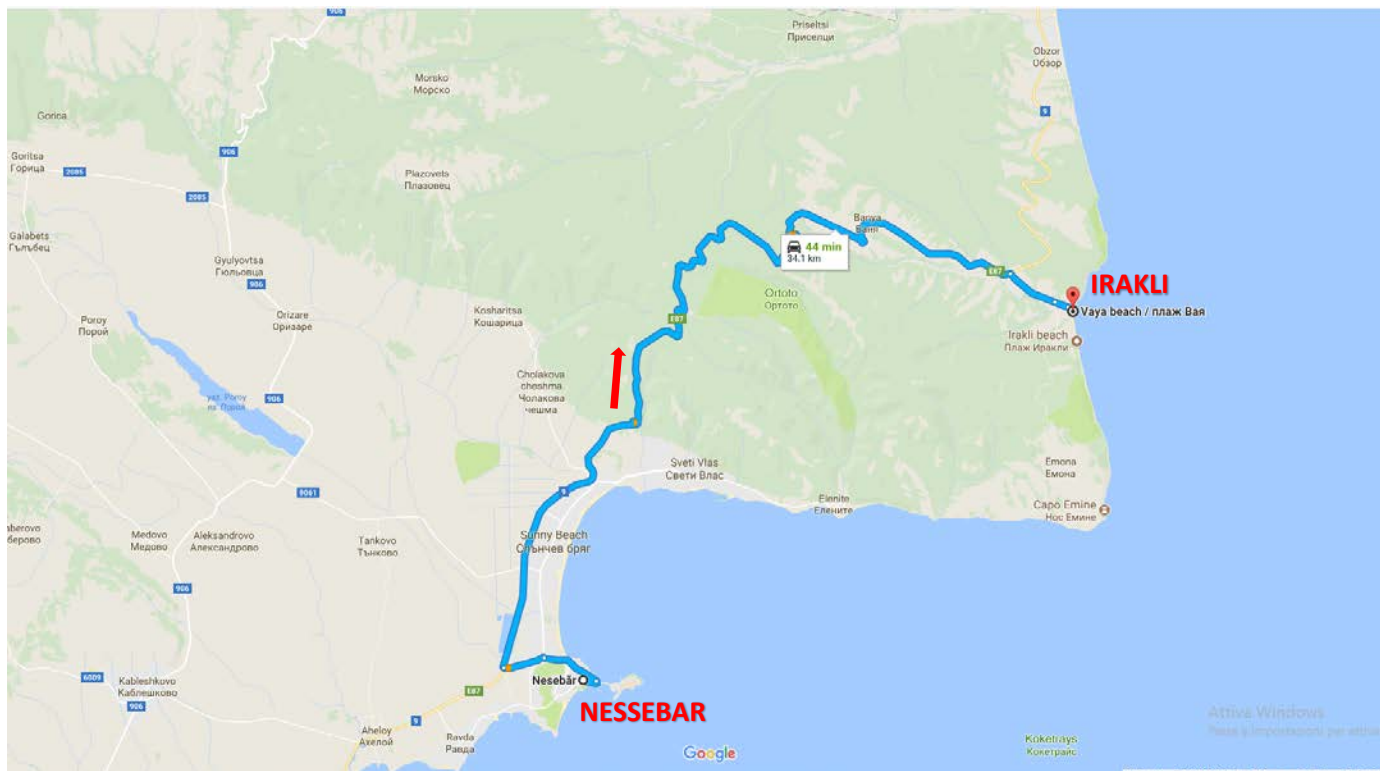


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Mattina: Sozopol – [Nessebar \(70km\)](#) – 1 ¼ ora viaggio, 1 ½ visita

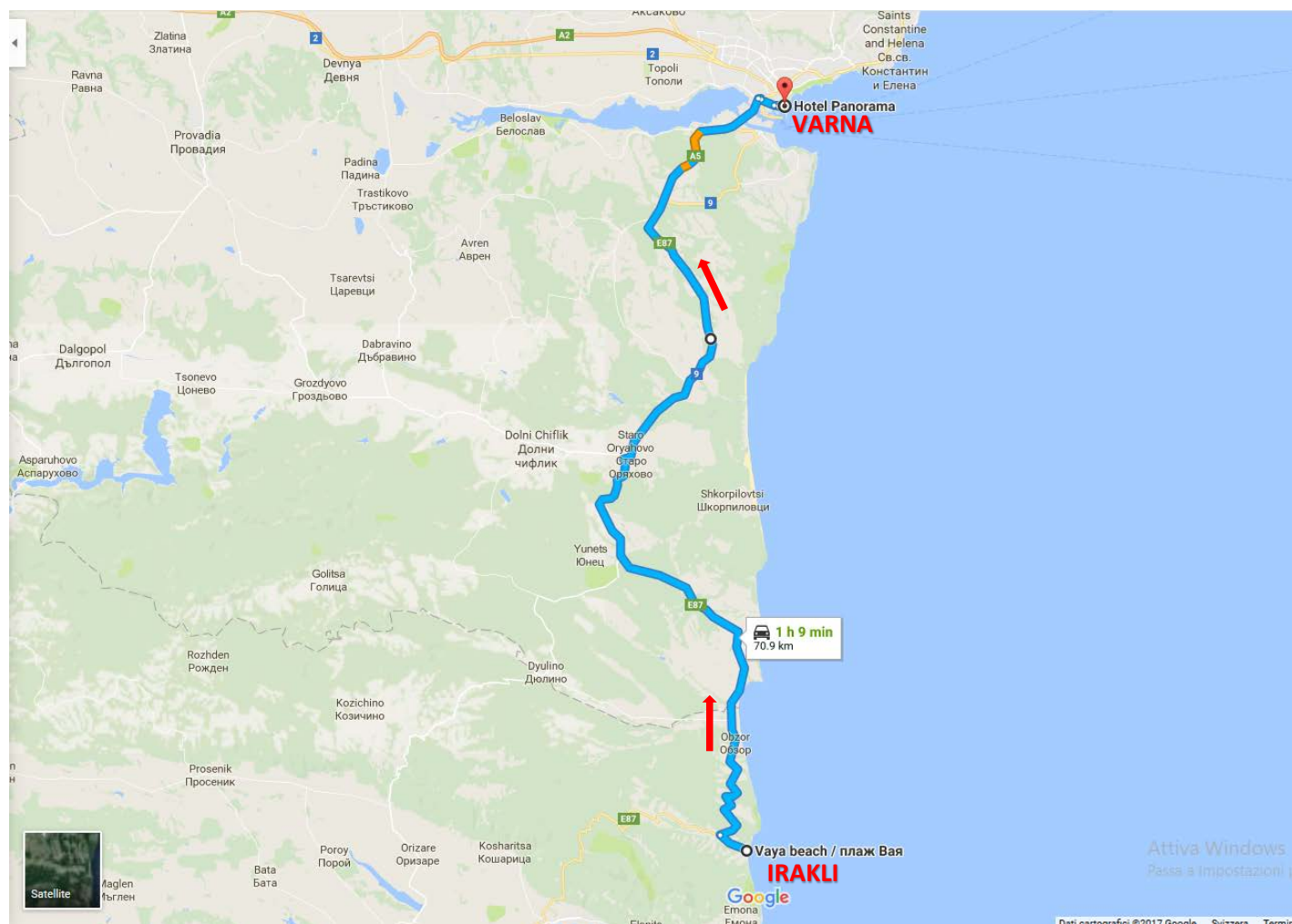


Mattina: Nessebar – [Irakli \(35km\)](#) – 0.45 ora

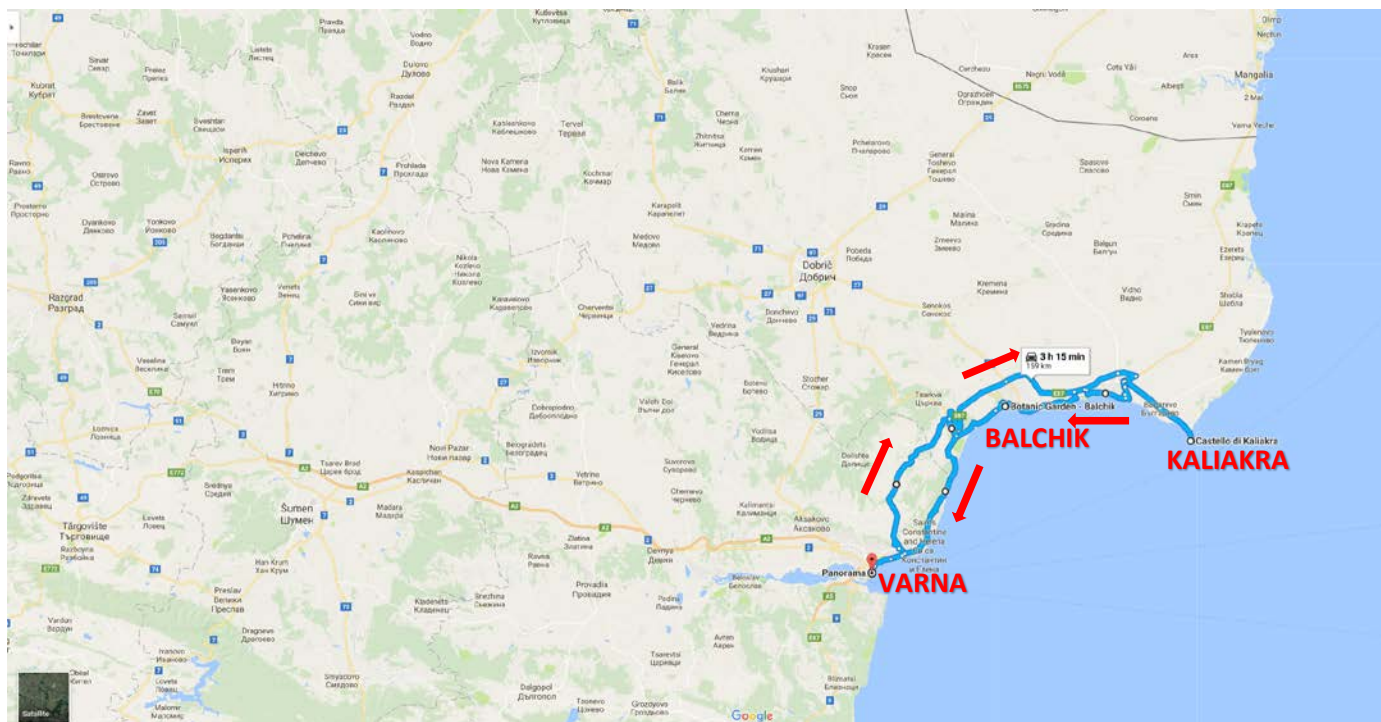


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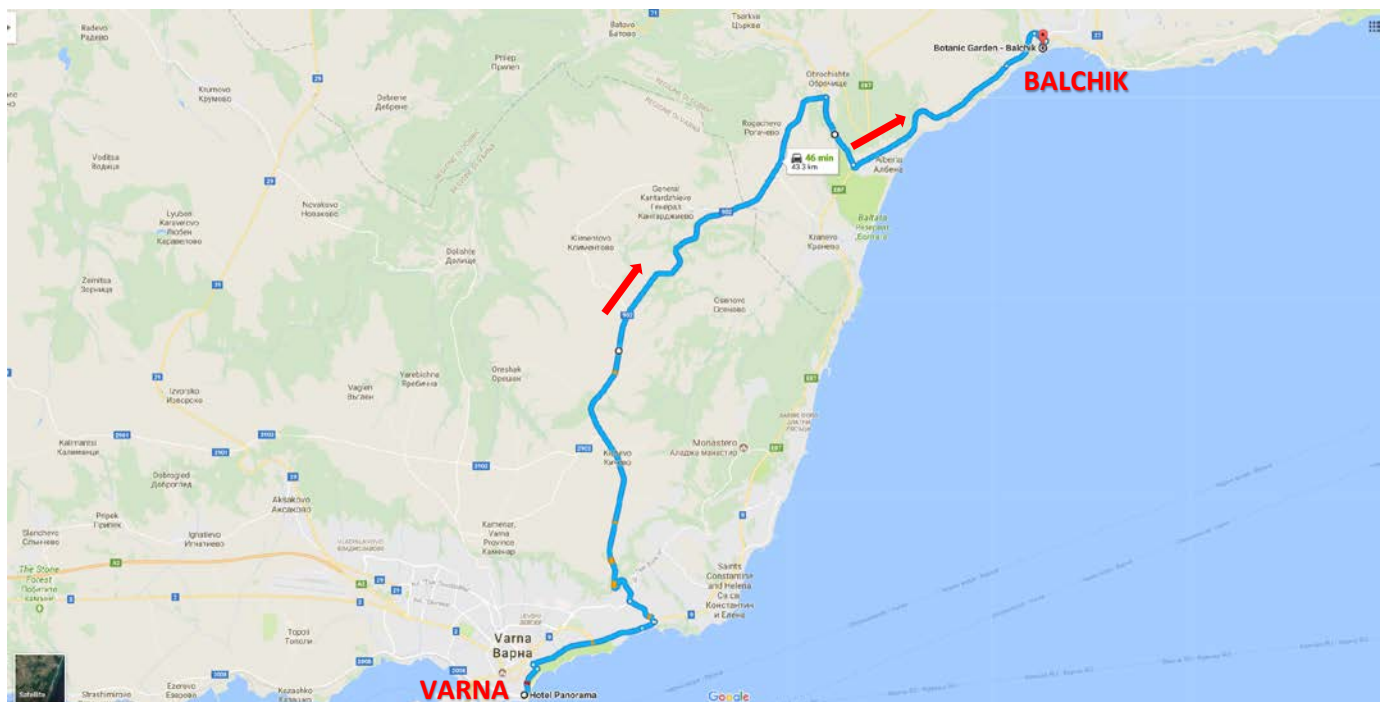
Pomeriggio: Irakli – Varna (75km) – 1.15 ora



Giovedì 16 Agosto: Varna – Balchik - Kaliakra – Varna - 165km – 5 ½ ore

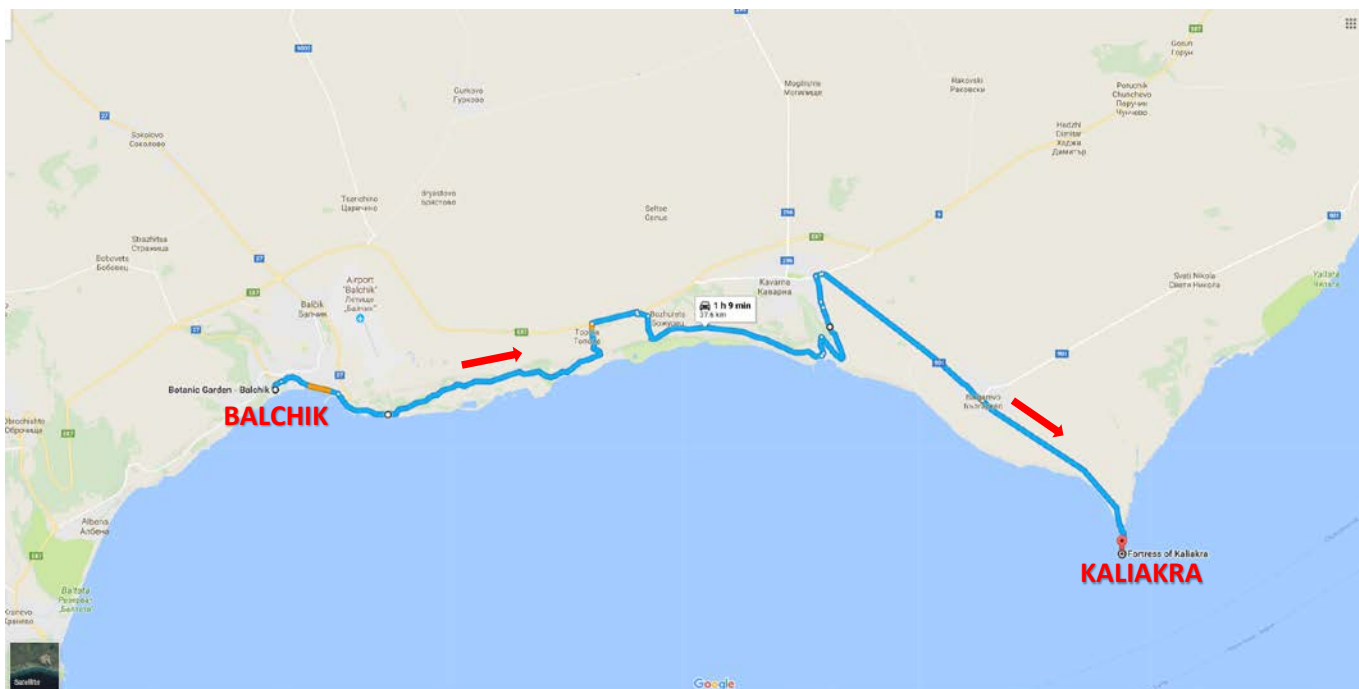


Mattina: Varna – [Balchik \(45km\)](#) – 1 ora viaggio, 1 ora visita [giardino botanico](#)

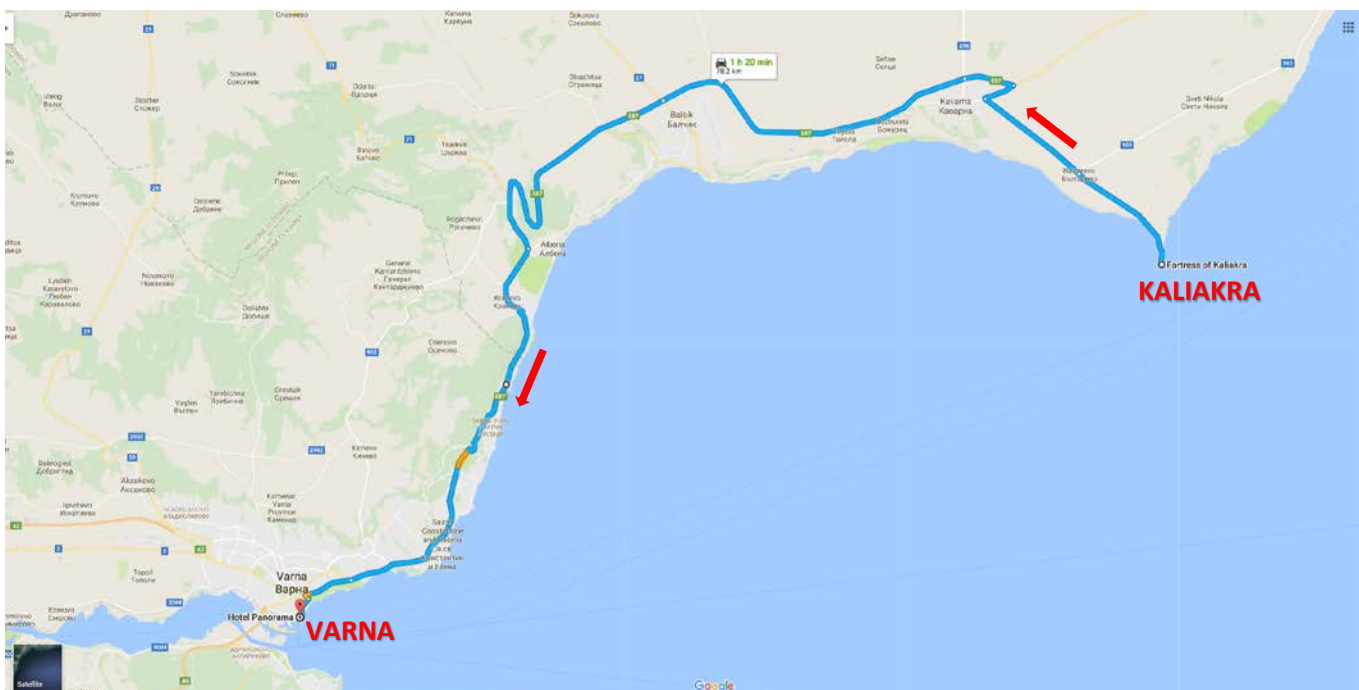


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Mattina: Balchik – [Kaliakra \(40km\)](#) – $\frac{3}{4}$ ora viaggio, 1 $\frac{1}{2}$ visita e pranzo

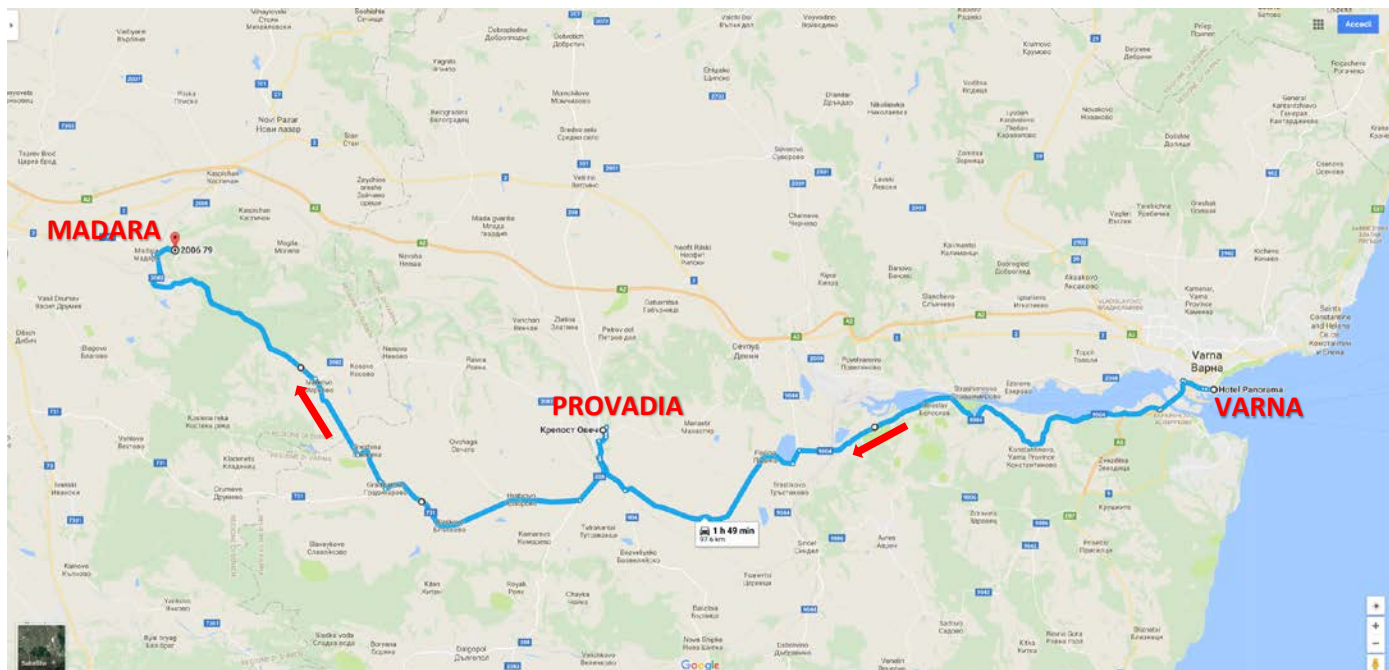


Pomeriggio: Kaliakra – Varna (80km) – 1 $\frac{1}{2}$ ore

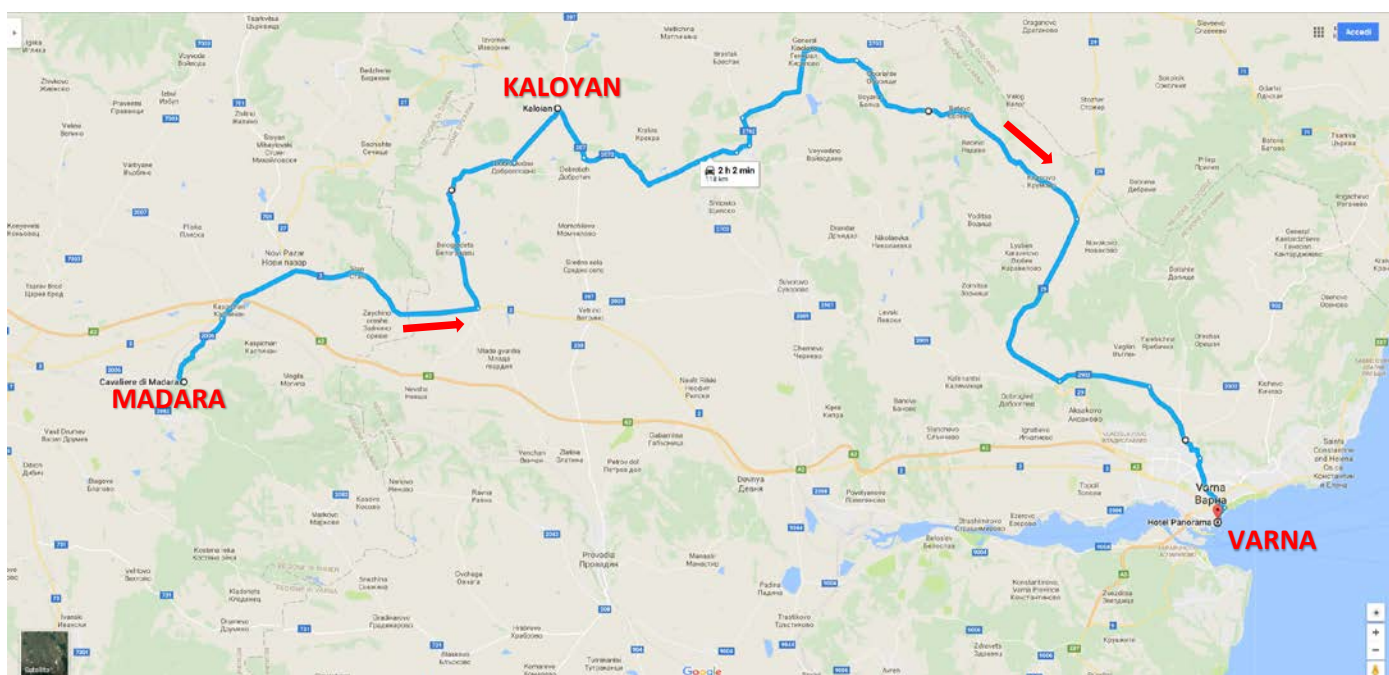


Mattina: Varna – Provadia [“Fortezza di Ovech”](#) (55km) – Madara [“Cavaliere di Madara”](#) (45km)

1 ora viaggio, 1 ora vista fortezza, ¾ ora viaggio, 1 ora visita cavaliere, 1 ½ pranzo

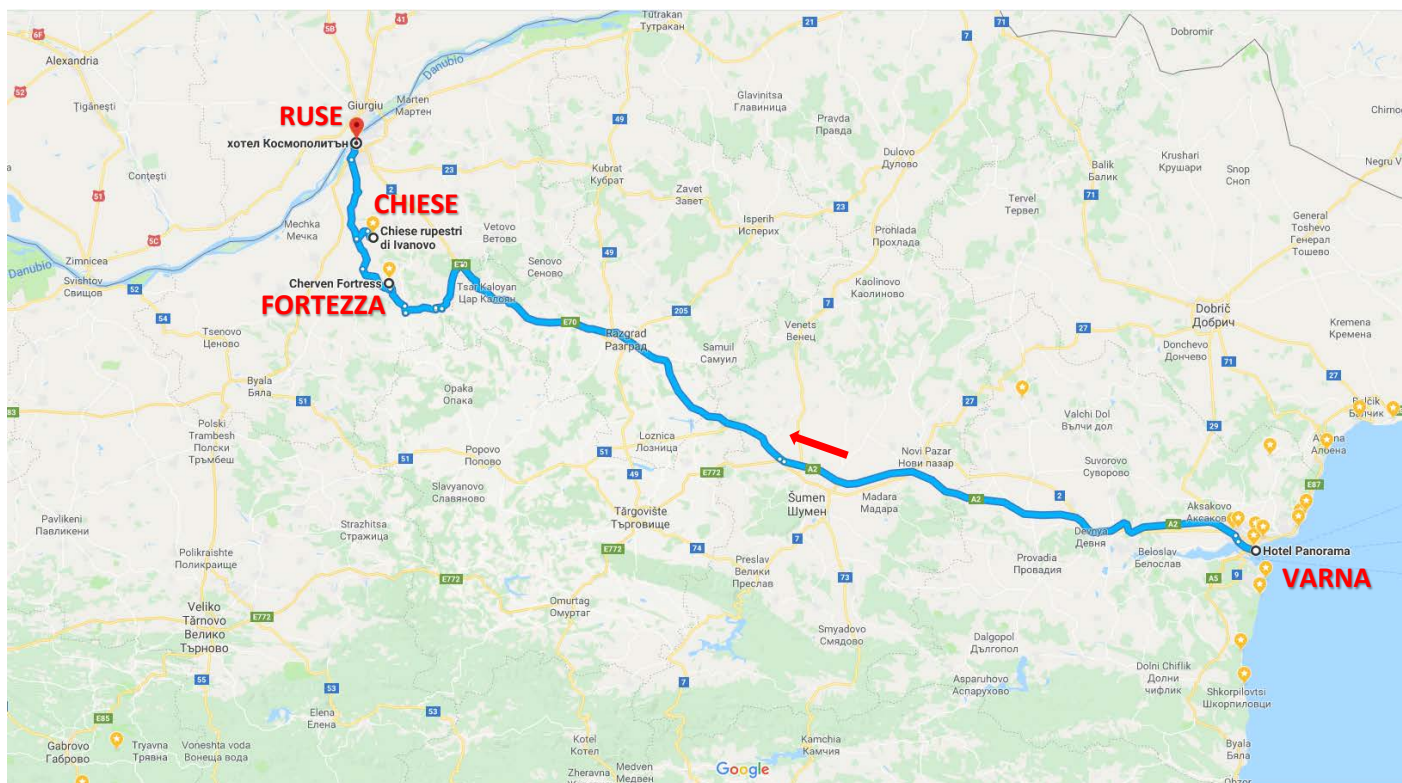


Pomeriggio: Madara – Kaloyan – Varna (120km) – 2 ½ ore

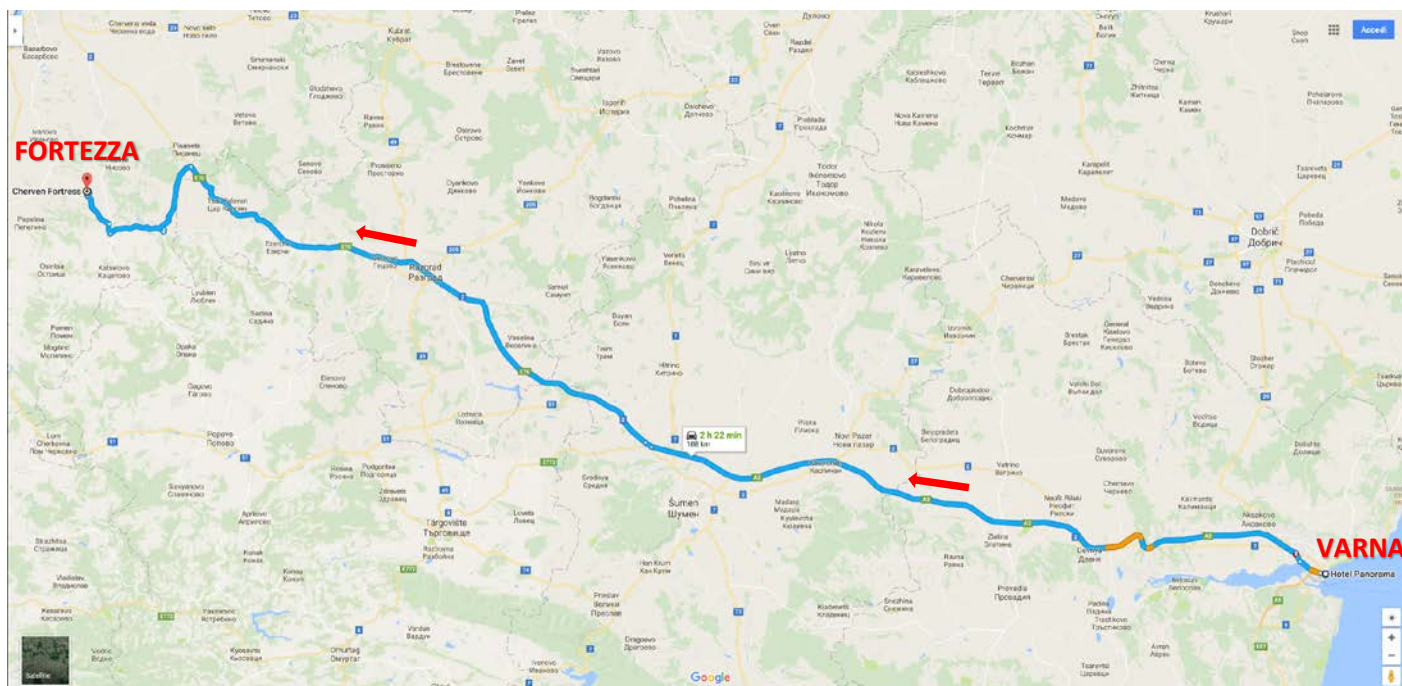


[RITORNA ALLA TABELLA TAPPE](#)

Lunedì 20 Agosto: Varna – Fortezza Cherven – Chiese rupestri Ivanovo - Ruse - 230km – 8.5 ore



Mattina: Varna – “Fortezza Cherven” (190km) – 2 ½ ore viaggio, 2 ½ visita e pranzo

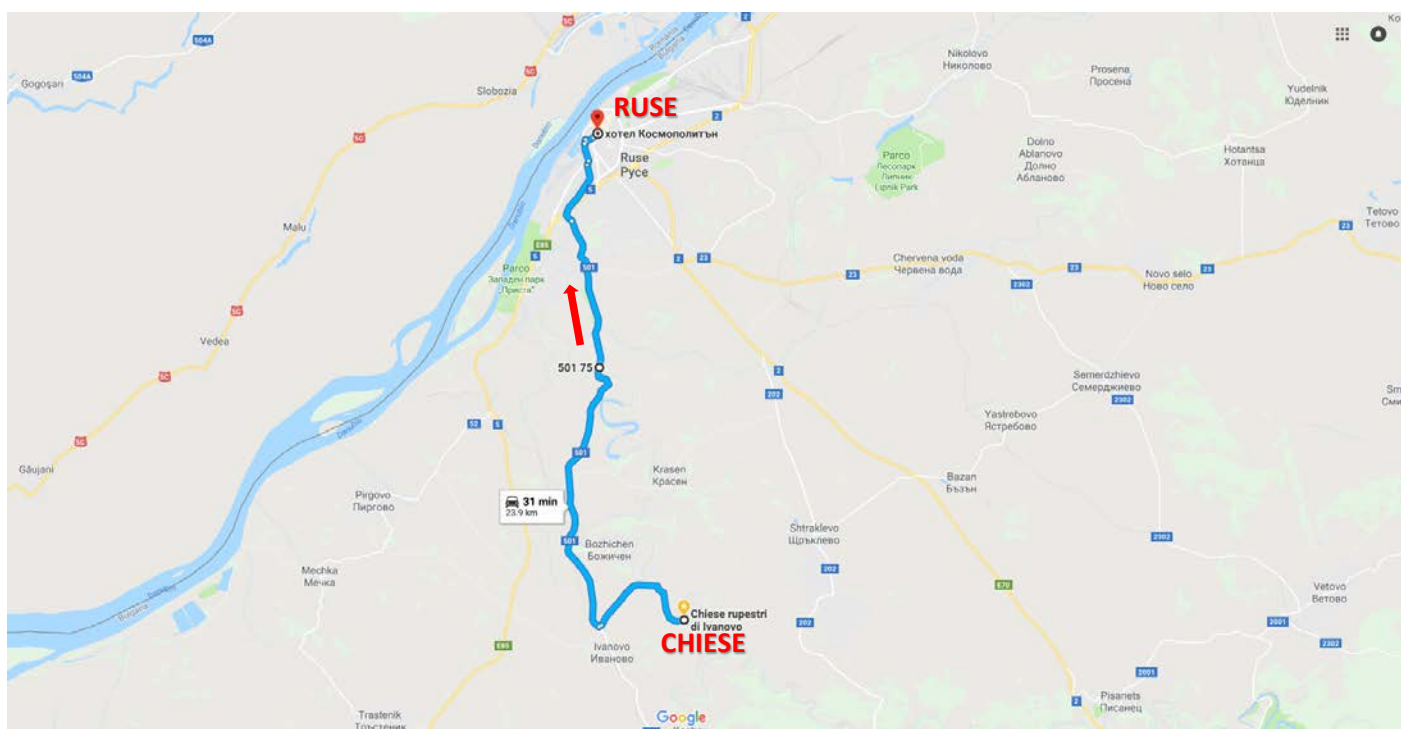


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Pomeriggio: “fortezza Cherven” – “[Chiese rupestri](#)” di Ivanovo (20km) – ½ ora viaggio, 1 ora visita



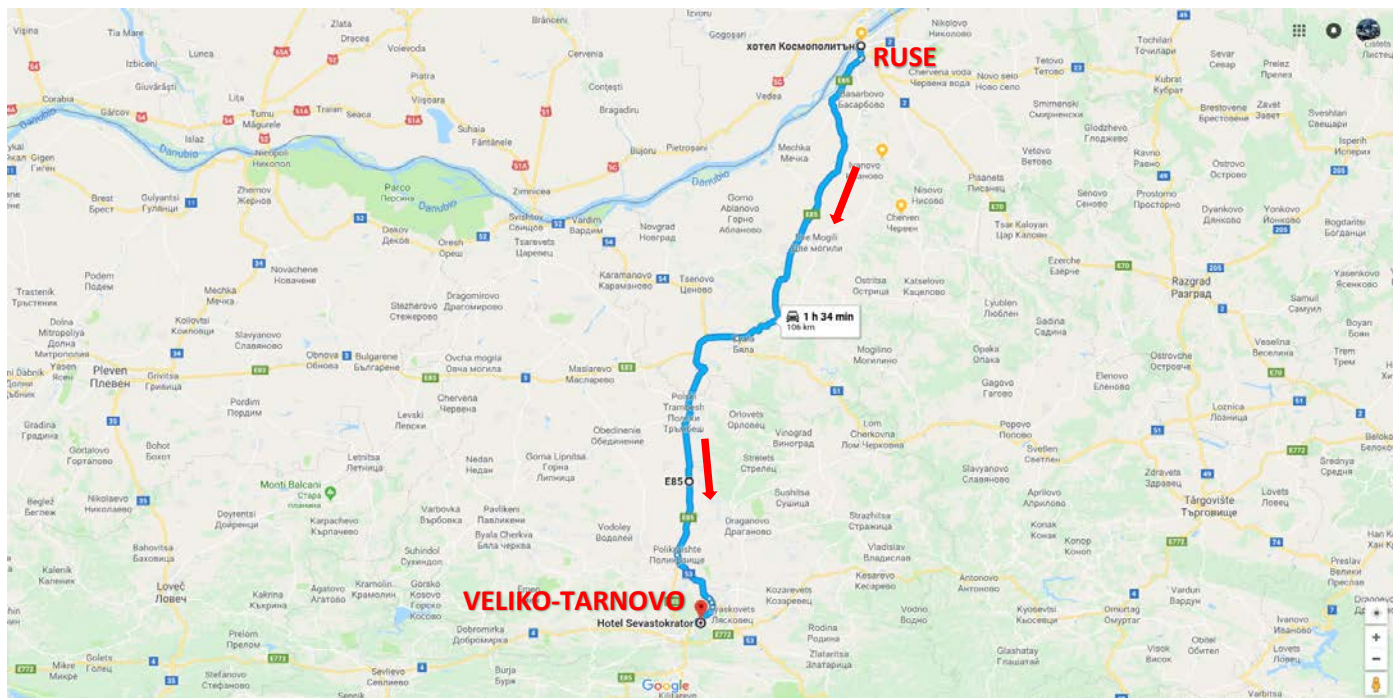
Pomeriggio: “Chiese rupestri” - Ruse (25km) – ½ ora viaggio



Mercoledì 22 Agosto: Ruse - Veliko-Tărnovo – Tryavna – Bozhentsi – Etarat – Veliko-Tărnovo - 275km – 8 ½ ore

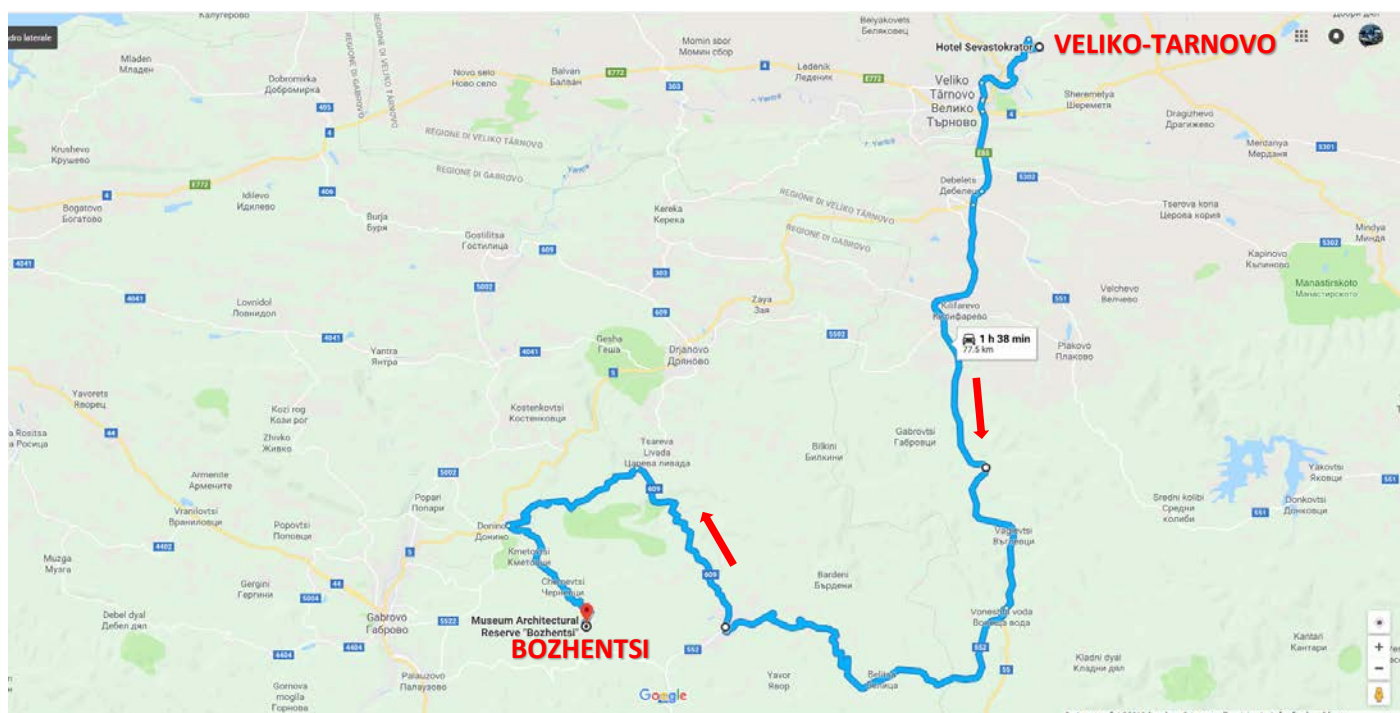


Mattina: Ruse – Veliko-Tărnovo – 110km – 1 ½ ora viaggio, ¾ ora bagagli in hotel

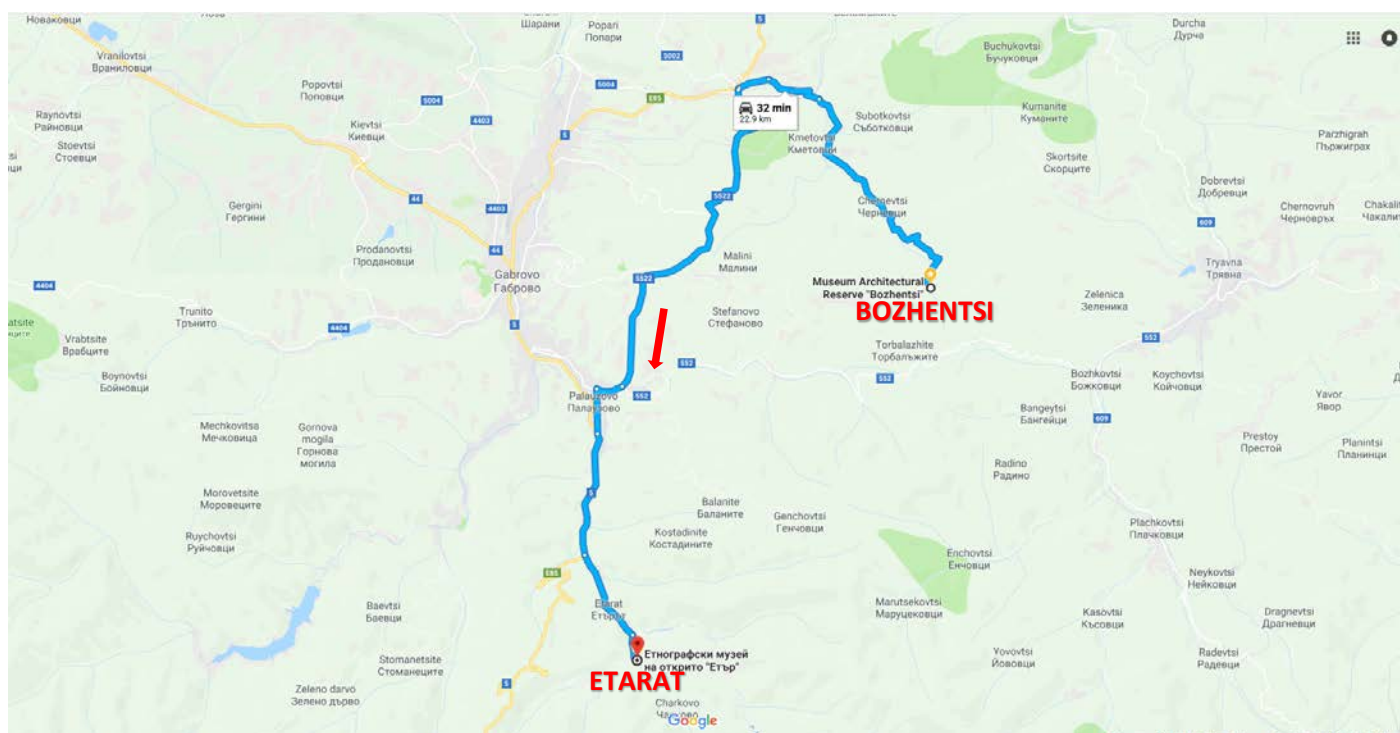


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Mattina: Veliko-Tărnovo – [Bozhentsi](#) – 80km – 1 ½ ora, viaggio, 1 ¼ ora pranzo



Pomeriggio: Bozhentsi – Etarat 25km – ½ ora viaggio, 1 ora visita museo etnografico



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Pomeriggio: Etarat – Sokolski monastero 5km – 10min. viaggio, 50min. ora visita monastero

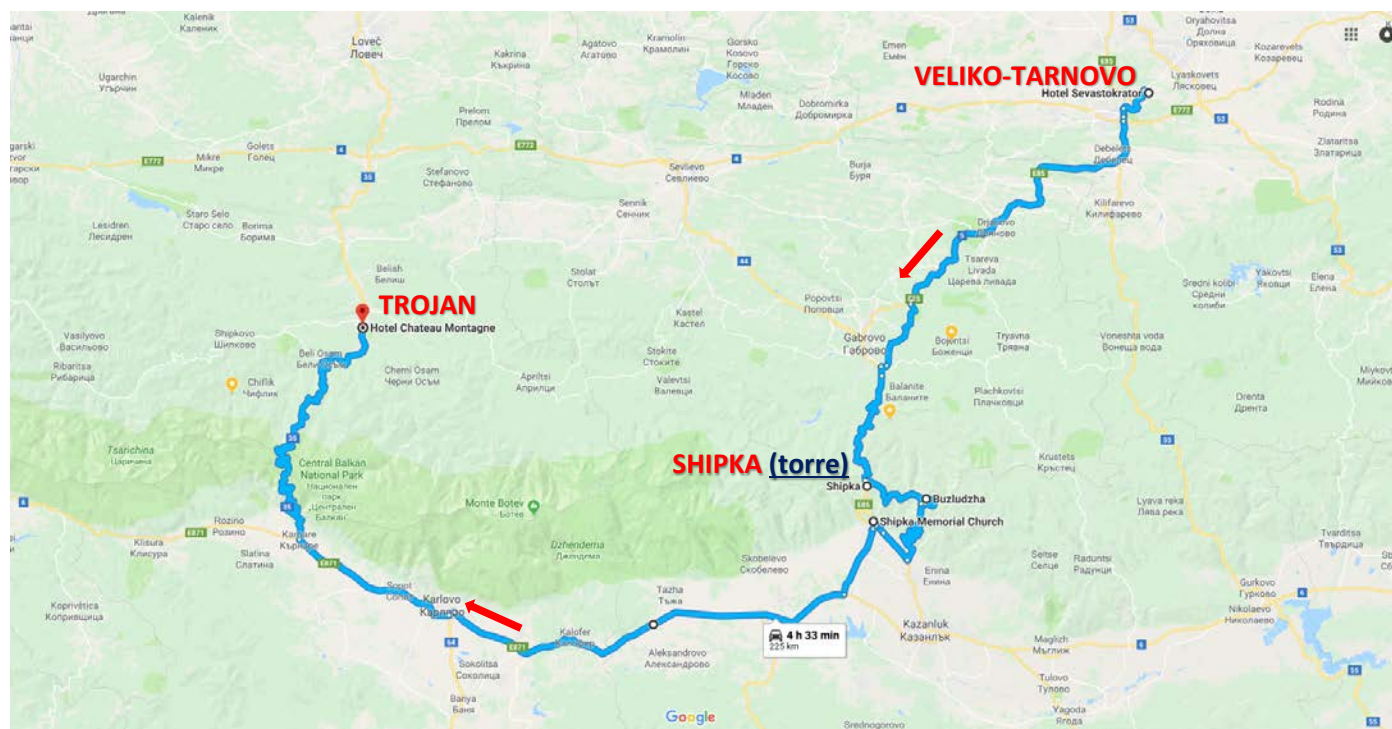


Pomeriggio: Sokolski monastero - Veliko_Tarnovo 60km – 1 ora viaggio

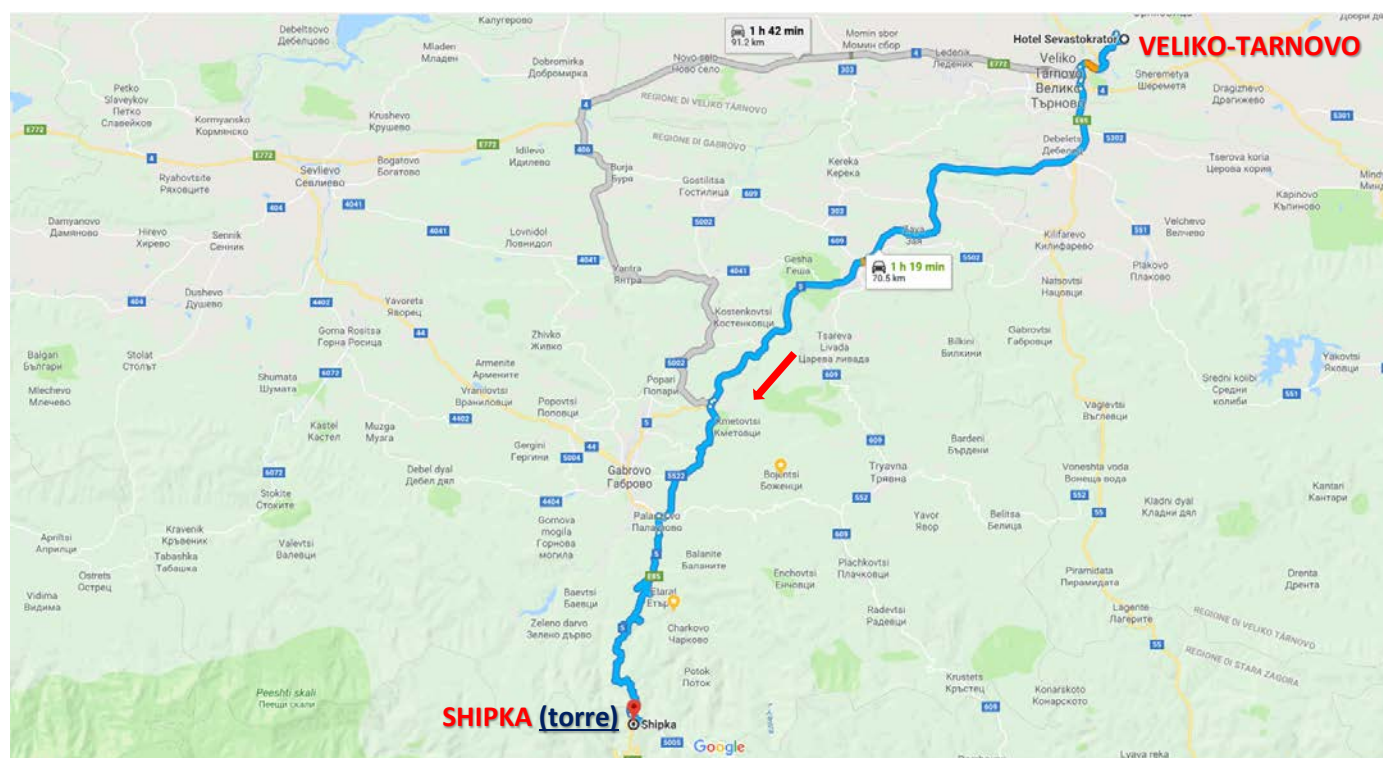


RITORNA ALLA TABELLA TAPPE

Mercoledì 22 Agosto: Veliko-Tărnovo – Shipka passo (Torre) – Buzludzha – Shipka chiesa - Trojan - 230km – 7 ore

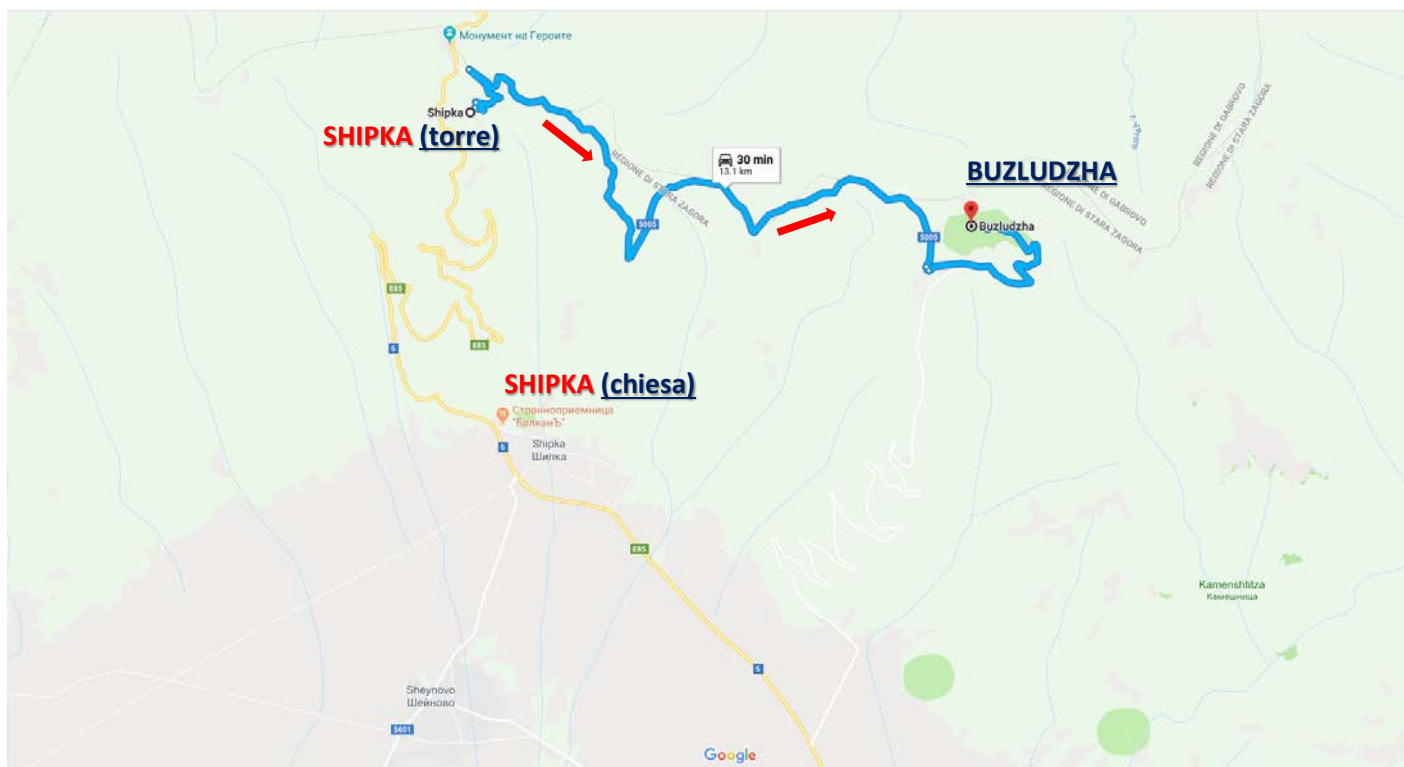


Mattina: Veliko-Tărnovo – Shipka passo (Torre) – 70km – 1 ½ ora viaggio, ½ visita torre



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Mattina: Shipka passo ([Torre](#)) - [Buzludzha](#) -15km – ½ ora viaggio, ½ ora visita monumento

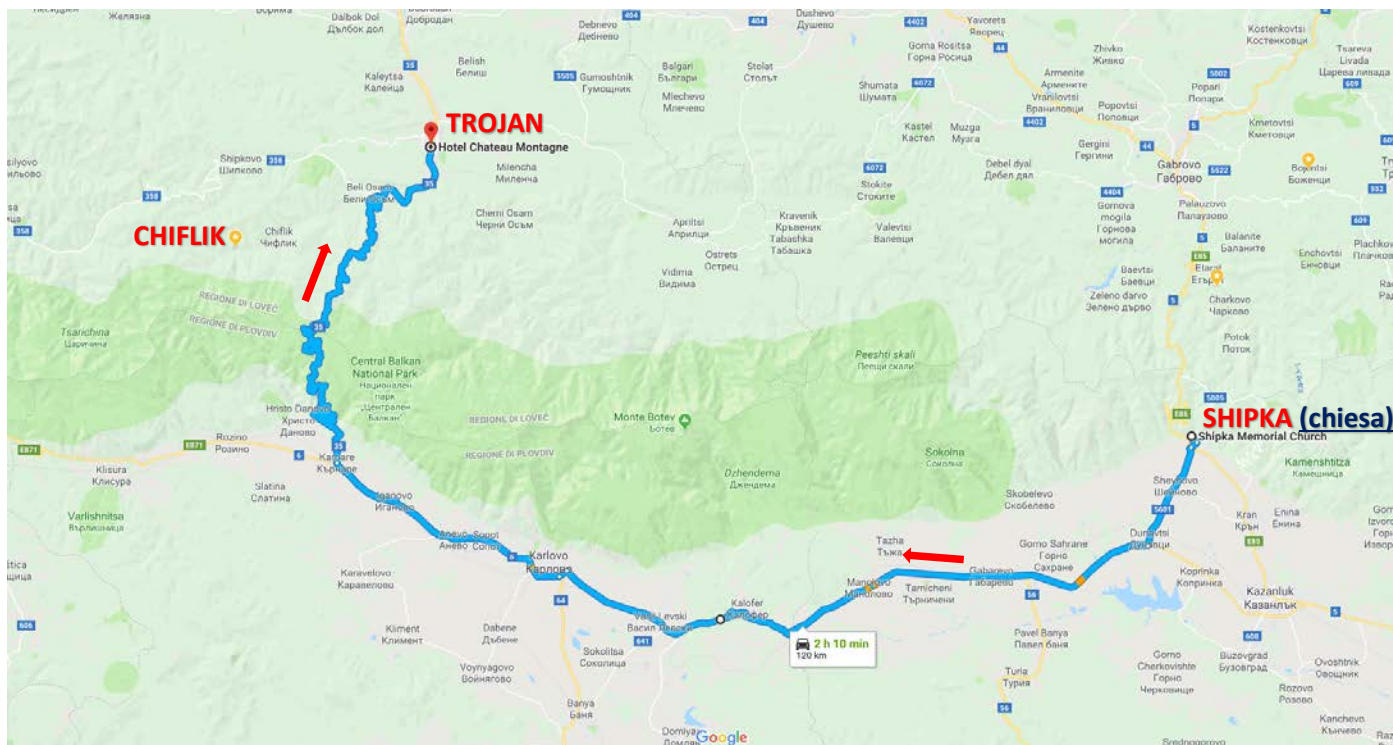


Mattina: [Buzludzha](#) – Shipka ([chiesa](#)) - 20km – ½ ora viaggio, 1 ora visita chiesa + pranzo

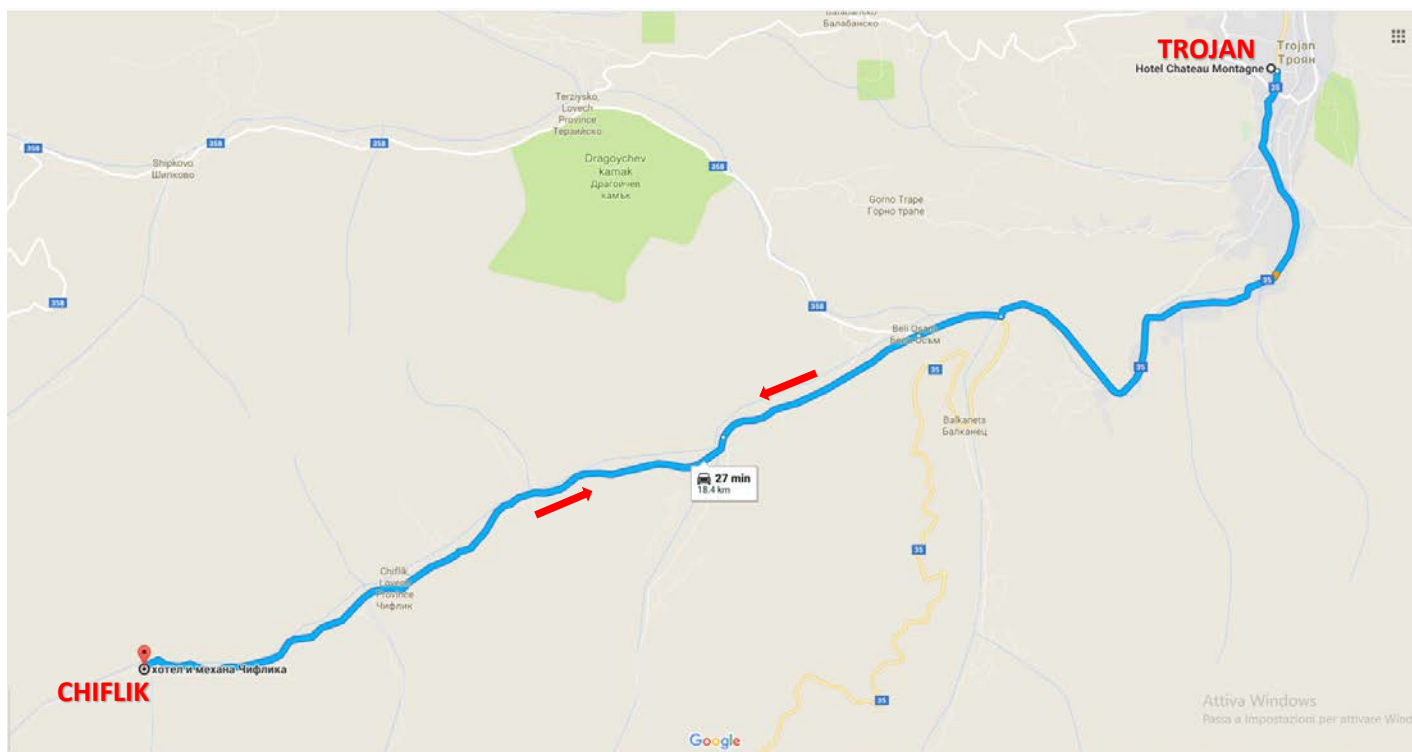


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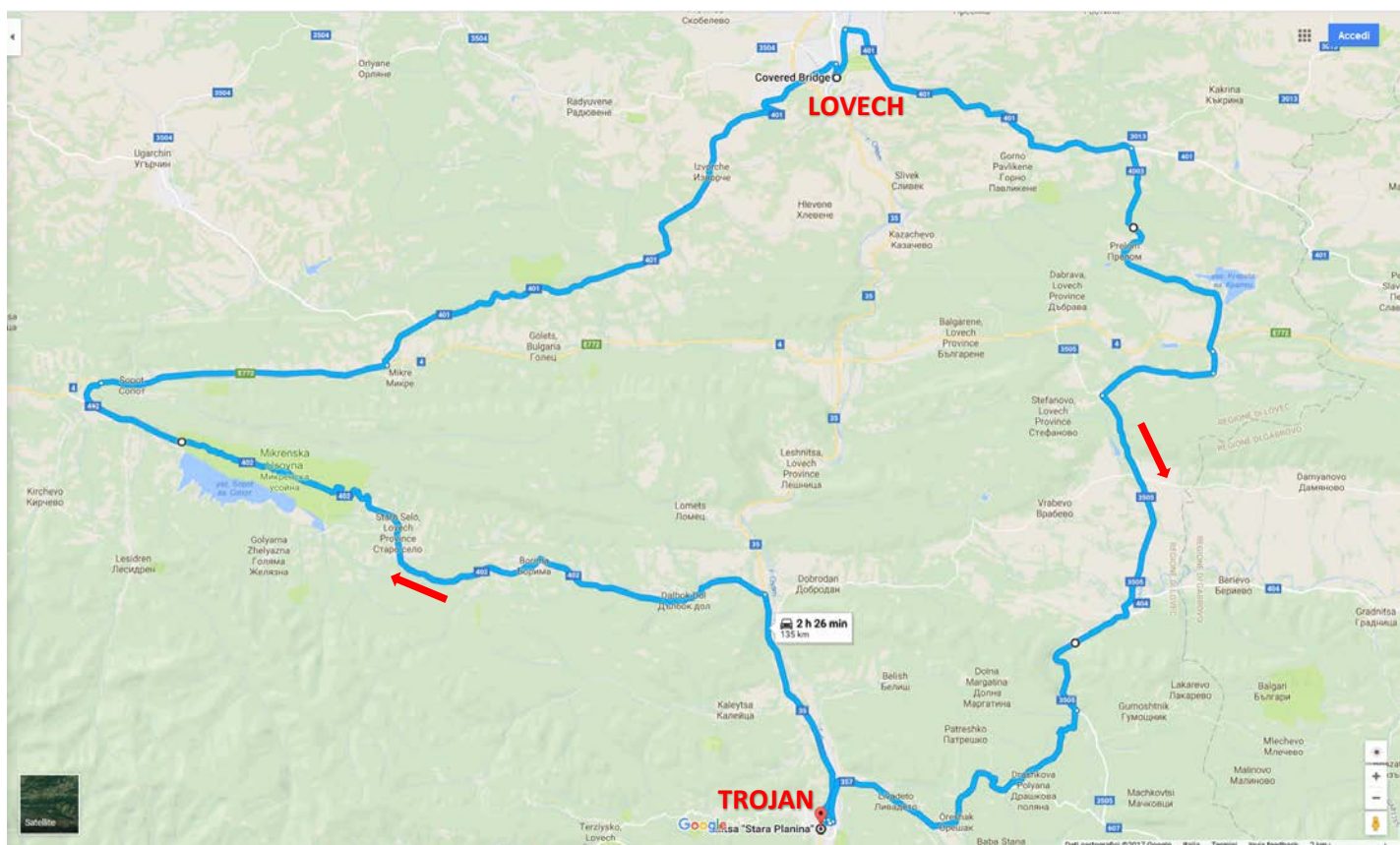
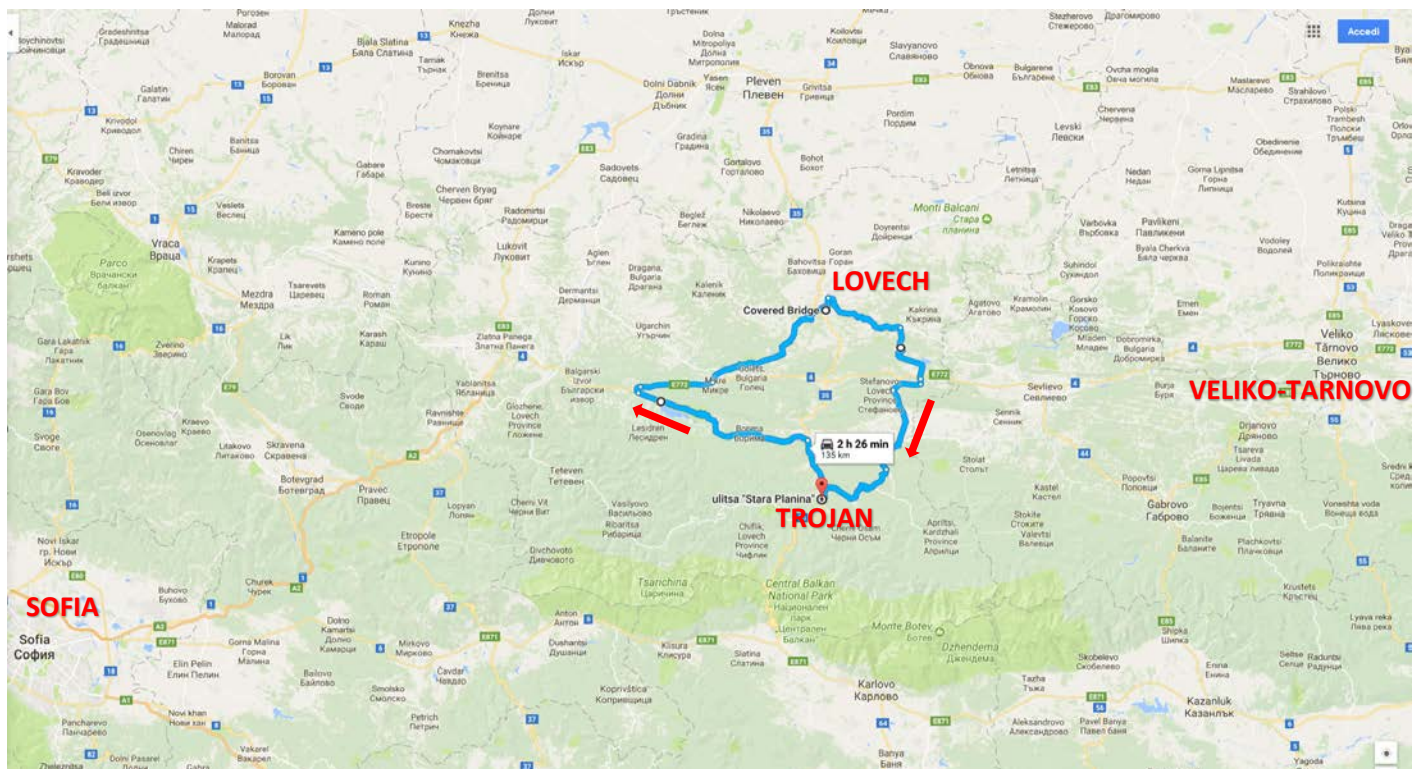
Pomeriggio: Shipka ([chiesa](#)) - Trojan - 125km – 2 ½ ore viaggio, ½ ora bagagli hotel



Pomeriggio: Trojan – Chiflik (piscina termale) - Trojan – 2x20km – 3 ½ ore

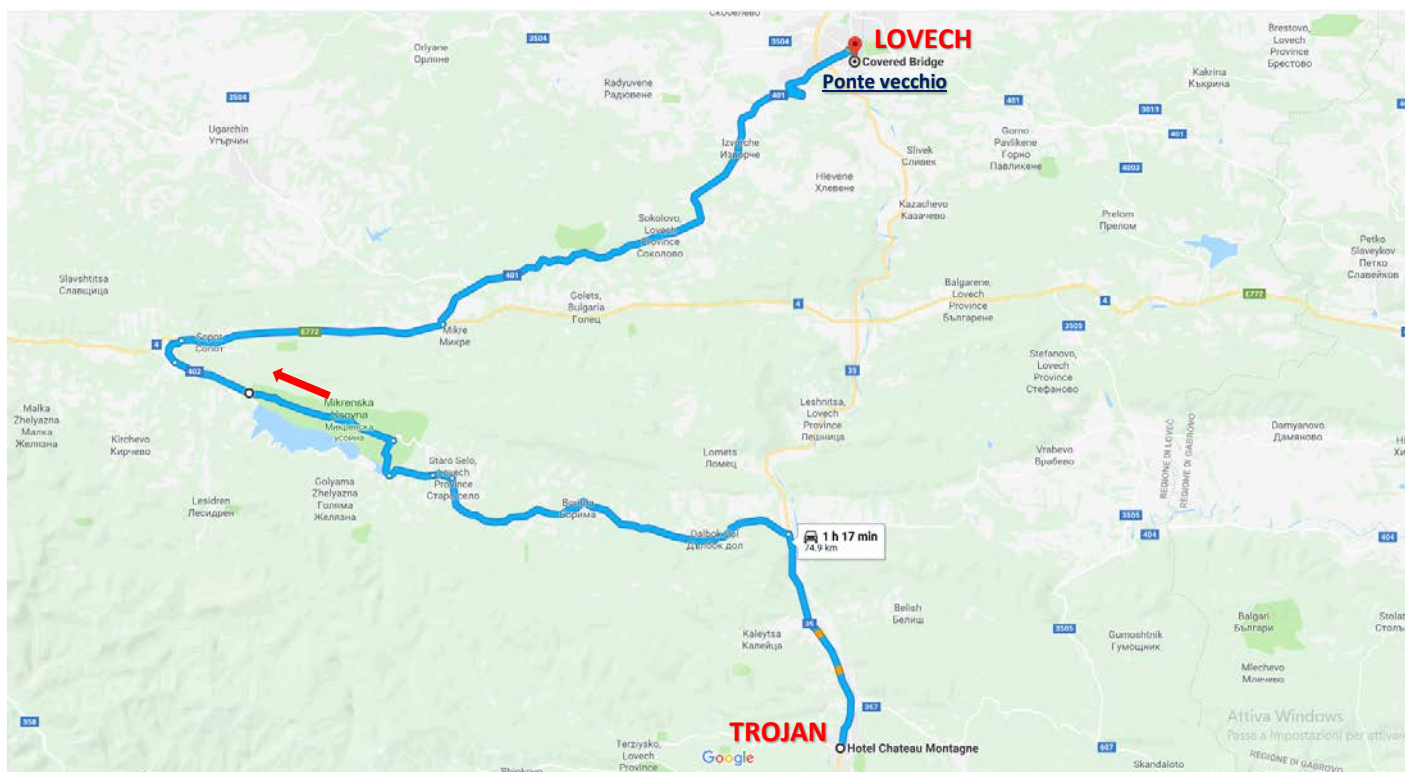


Martedì 23 Agosto: Trojan – Lovech ([ponte vecchio](#)) - Trojan - 135km – 2 x 1 ¼ viaggio, 2 ½ visita e pranzo

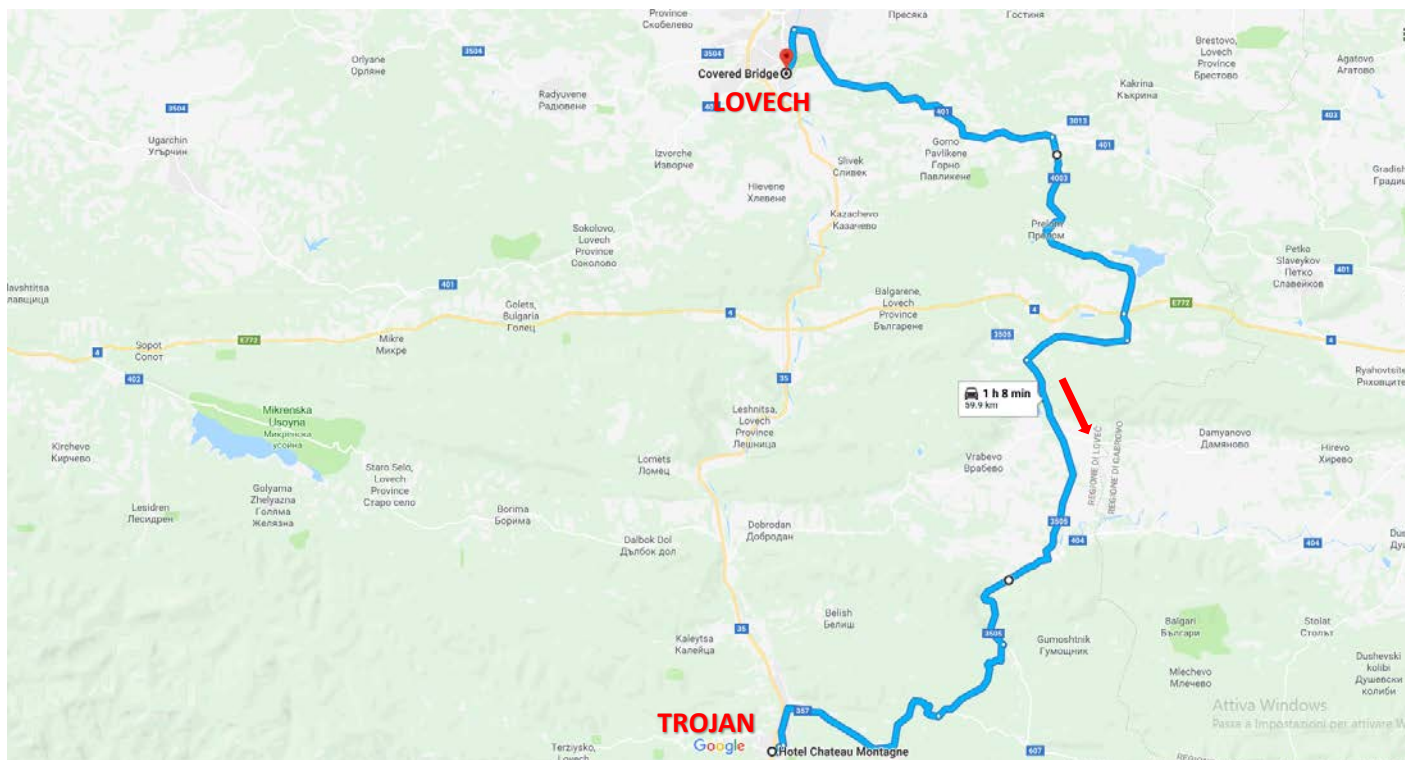


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Mattina: Trojan – Lovech ([ponte vecchio](#)) - 75km – 1 ¼ viaggio, 2 ½ visita e pranzo



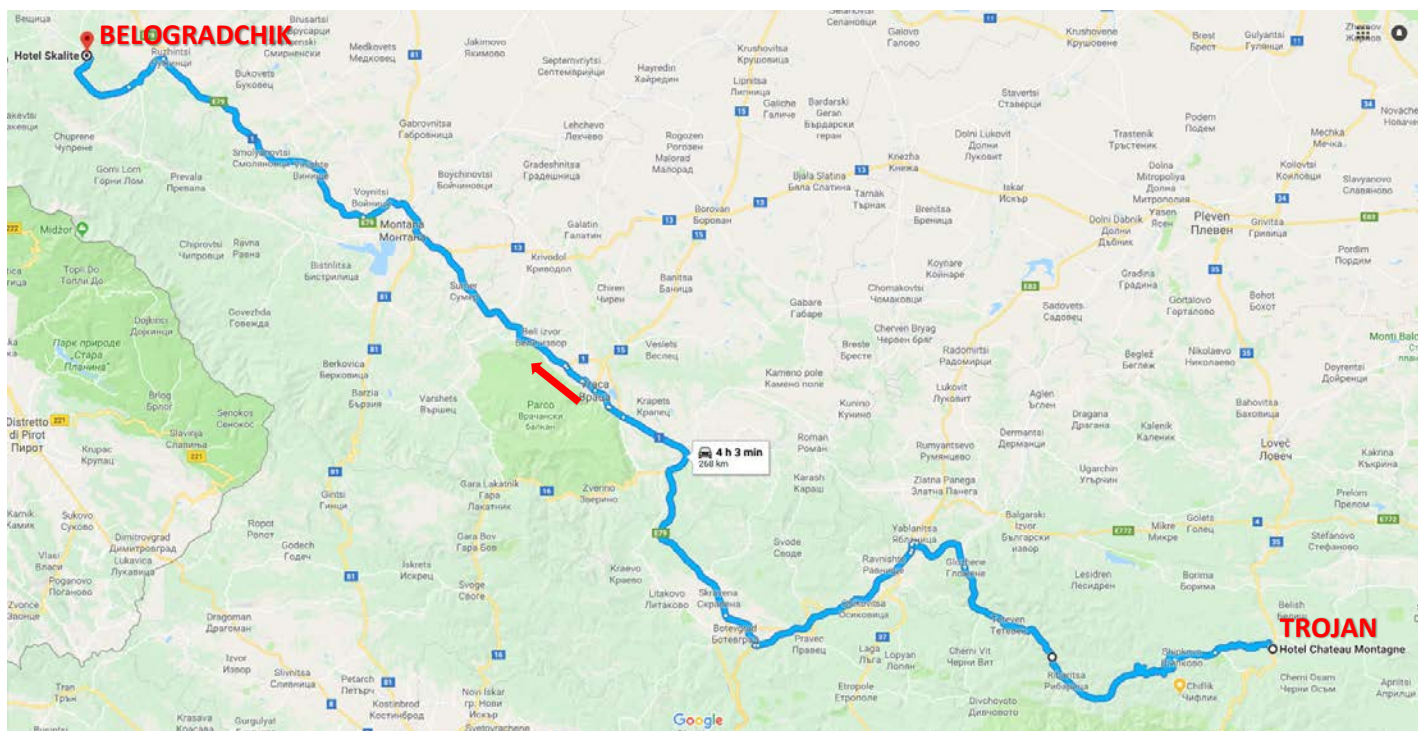
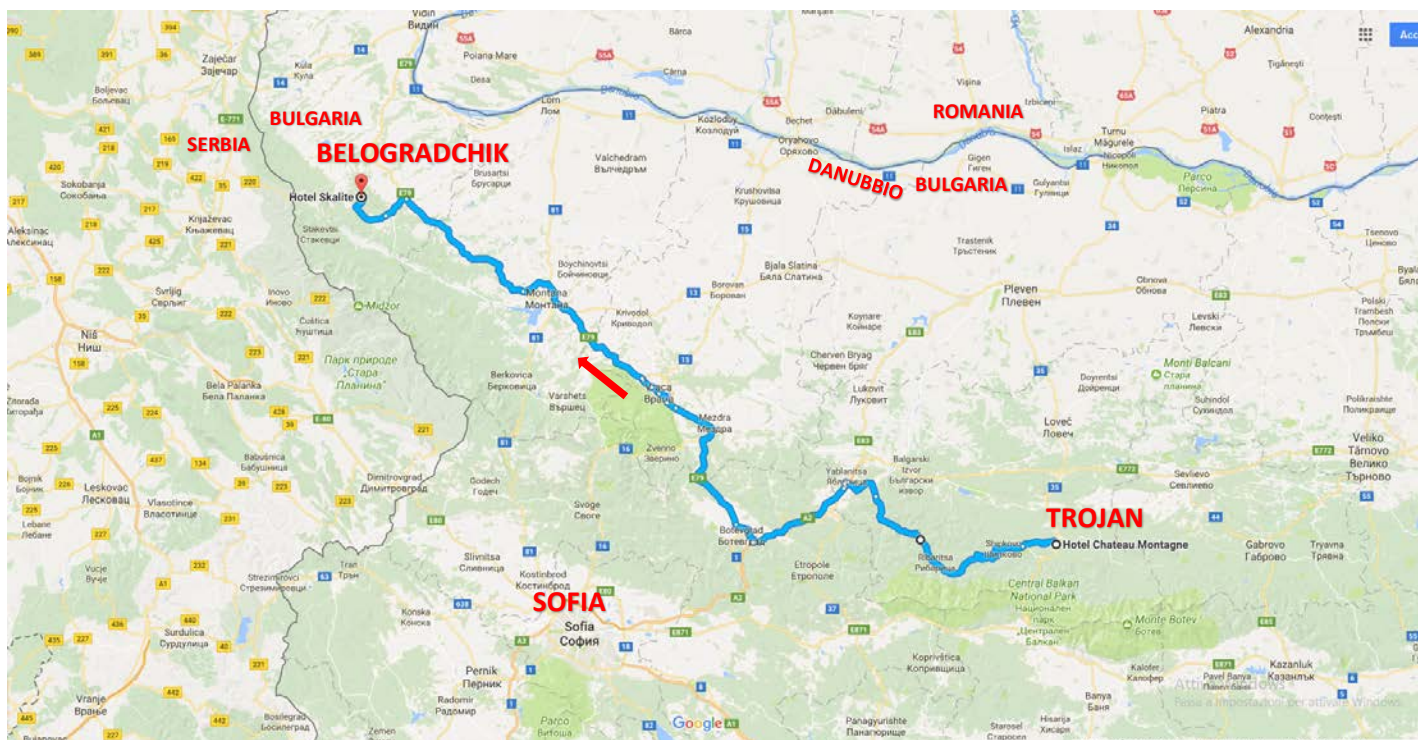
Pomeriggio: Lovech ([ponte vecchio](#)) - Trojan - 60km – 1 ¼ viaggio



Venerdì 24 Agosto: Trojan – Belogradchik - 270km – 4 ore viaggio, 1 ora pranzo

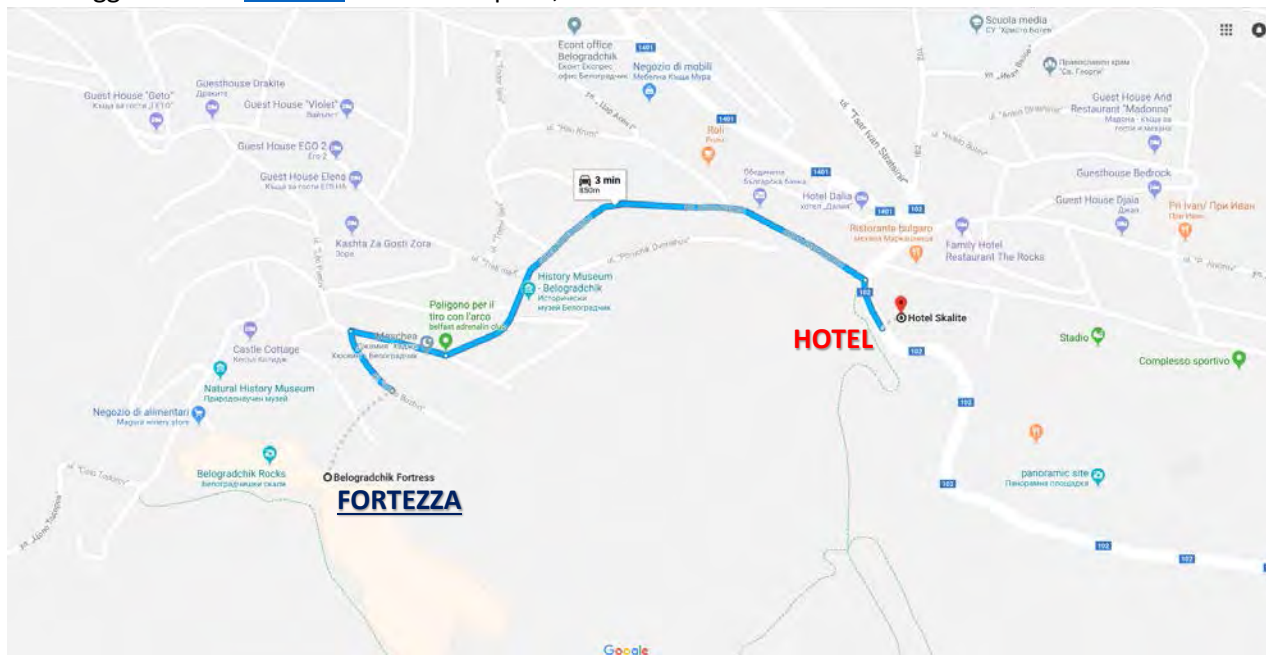
Oppure, variante tappa da Remigio (niente Lovech il 23 agosto)

Giovedì 23 Agosto: Trojan – Belogradchik - 270km – 4 ore viaggio, 1 ora pranzo



continua →

Pomeriggio: Hotel - [Fortezza](#) - 1km – ½ a piedi, 1 ora visita



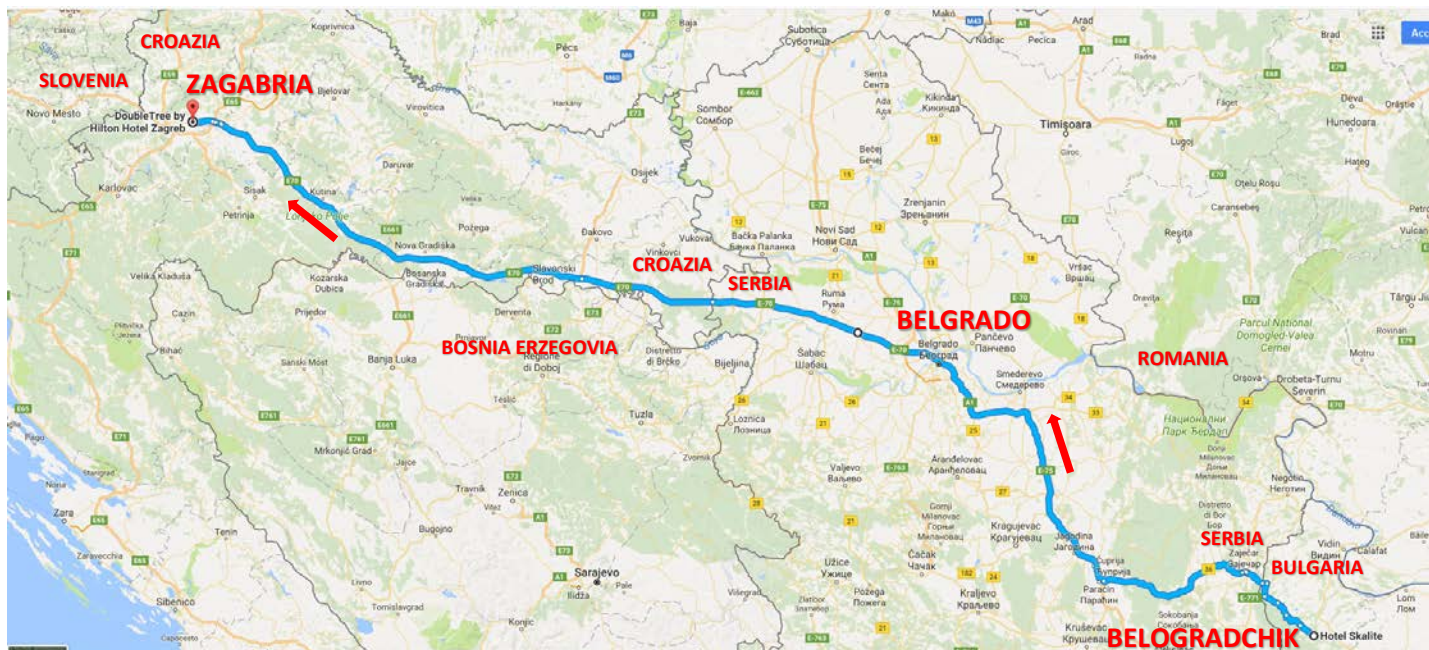
Variante tappa da Remigio

Venerdì 24 Agosto: Belogradchik – Novi Sad (Remigio) - 385km – 5 ½ ore



[RITORNA ALLA TABELLA TAPPE](#)

Sabato 25 Agosto: Belogradchik – Zagabria - 690km – 9.0 ore

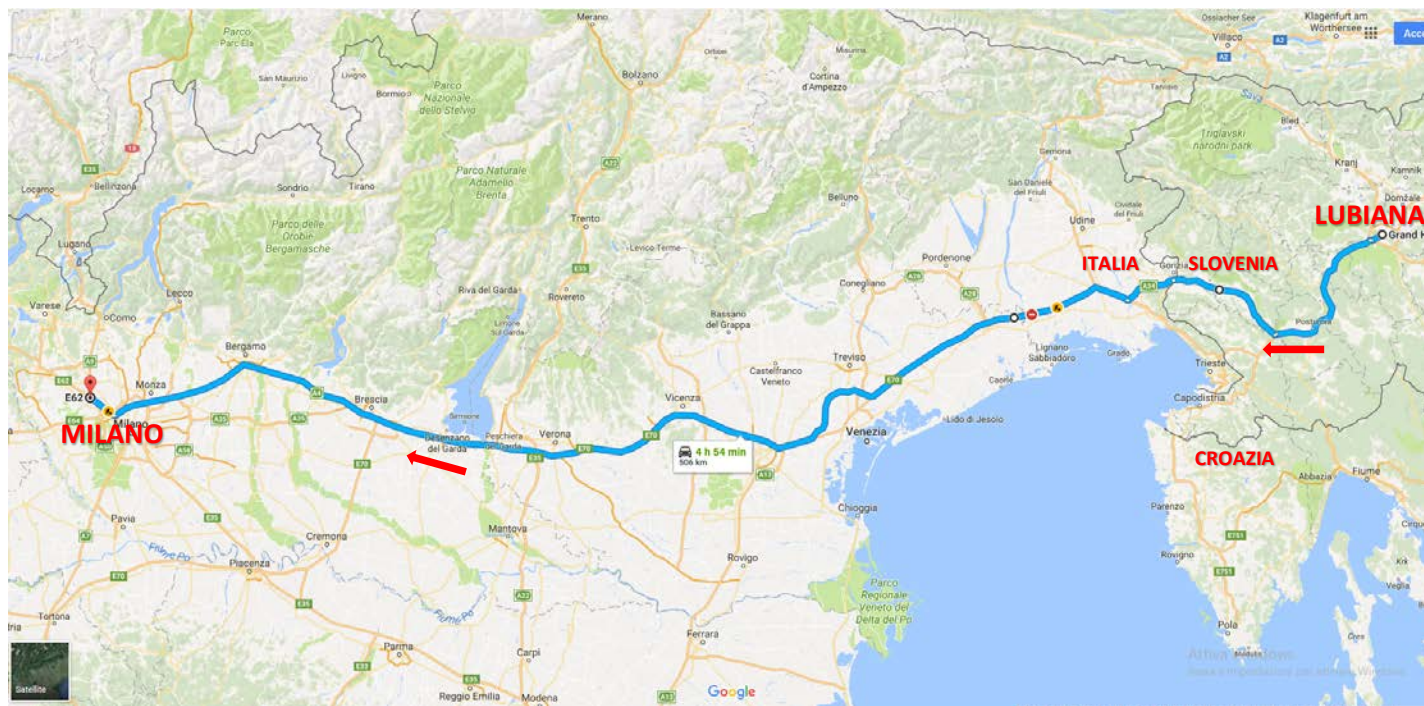


Sabato 25 Agosto: Novi Sad (Remigio) – Lubiana - 520km – 6 ore



variante tappa da Remigio

Domenica 26 Agosto: Lubiana – Milano - 510km – 6 ore



Domenica 26 Agosto: Zagabria – Milano - 650km – 7 ½ ore

